



RULER

EMOTIONAL INTELLIGENCE STARTS WITH US!

Yale University
Dr. Marc Brackett

"WE CAN'T ALWAYS ASK OUR STUDENTS TO TAKE OFF THE ARMOR AT HOME, OR EVEN ON THEIR WAY TO SCHOOL, BECAUSE THEIR EMOTIONAL AND PHYSICAL SAFETY MAY REQUIRE SELF-PROTECTION. BUT WHAT WE CAN DO, AND WHAT WE ARE CALLED TO DO, IS CREATE A SPACE IN OUR SCHOOLS WHERE ALL STUDENTS CAN WALK IN AND OPEN THEIR HEARTS TO TRULY BEING SEEN."

~BRENE BROWN, 2019

What is RULER?

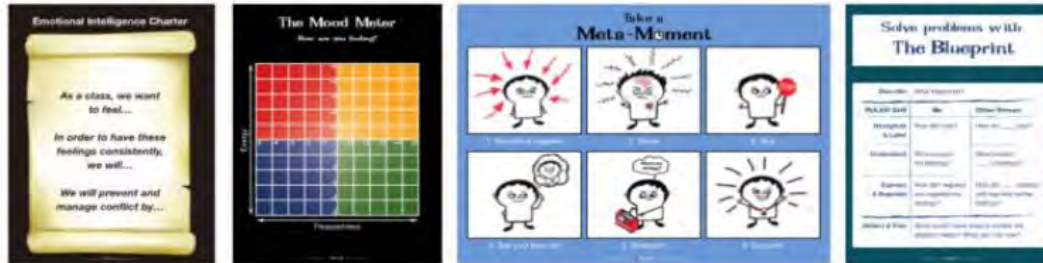
- RULER is an evidence-based approach to social and emotional learning (SEL).
- Through training in the RULER approach, teachers and leaders learn the skills to create and sustain a positive emotional climate, as well as support individual development of **emotion skills** for students and adults.

What are the emotion skills of RULER?

- R**ecognizing emotions in self and others
- U**nderstanding the causes and consequences of emotions
- L**abeling emotions accurately
- E**xpressing emotions appropriately
- R**egulating emotions effectively

What tools and resources does RULER offer?

- RULER supports emotion learners with Anchor Tools to help everyone learn and practice the skills of emotional intelligence.



Why should WE implement RULER?

Students within RULER schools report:

- fewer attention problems
- better academic performance
- more autonomy and leadership
- less anxiety and depression

Yale *Center for Emotional Intelligence*

 **RULER**

GOALS OF ROOSEVELT'S SITE BASED TEAM

- ✘ To improve the educational performance of all students in the school, regardless of such factors as socioeconomic status, race, sex, language background, or disability.
- ✘ Design ways to build and recognize pro-social behaviors, emotional intelligence, strong character, and leadership skills in our student body.
- ✘ Enhance our overall school climate.

“Be kind whenever possible. It’s always possible.”

-Dalai Lama



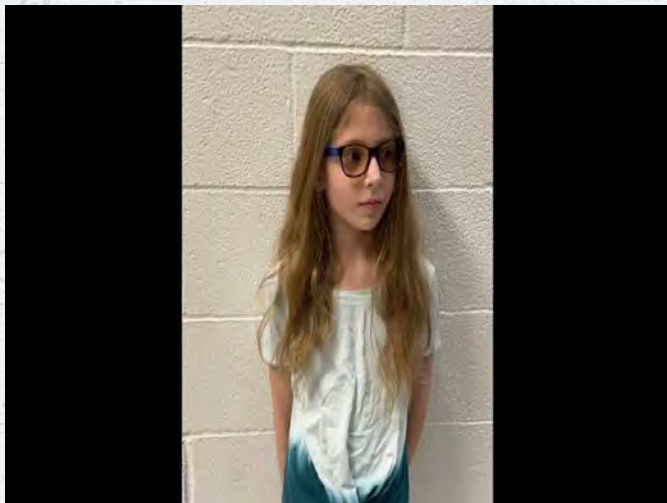
CHAMPIONS OF CHARACTER INITIATIVE



- ✗ Classroom teachers nominate one student as a Champion of Character each month.
- ✗ Students are recognized in many ways for their acts of good character, kindness, and leadership.
- ✗ Character traits such as respect, courage and honesty are highlighted and taught in our classrooms.



LET'S HEAR FROM SOME ROOSEVELT STUDENTS ABOUT WHAT THEY THINK OF CHAMPIONS OF CHARACTER...



Video Clips:

- Wade-Grade 2
- Reagan-Grade 1
- Isadora-Grade 1





ROOSEVELT'S TECHNOLOGY UPDATES

*“Technology is best
when it brings people together.”
-Matt Mullenweg*



ADDITIONS TO OUR TECHNOLOGY REPERTOIRE

- x iPads for pre-K through grade 1; Chromebooks for grade 2
- x See Saw as a Virtual Platform for pre-K-1; Since the adoption of 1:1 devices in Grade 2, they use the See Saw platform
- x Zoom break-out rooms to support small group work and increase opportunities for socialization and accountable talk
- x Increase use of Software/Apps including Book Creator, Kahoot, Prodigy, ABCya, Freckle, MyOn, IXL Math

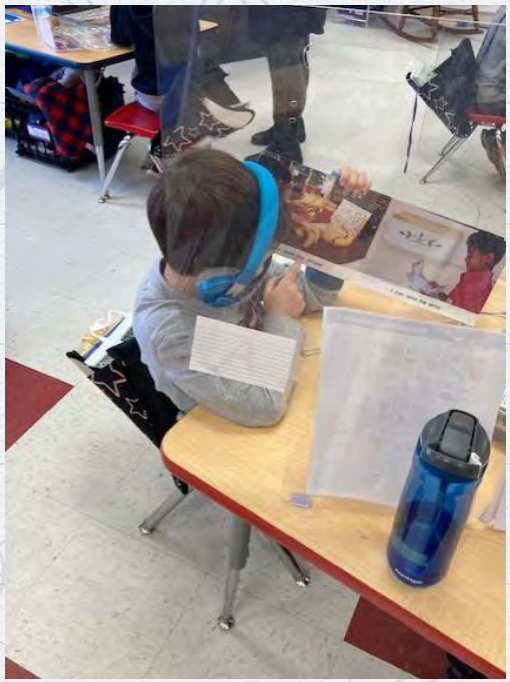


BREAK-OUT ROOMS IN ACTION . . .

BREAK-OUT ROOMS

Video Clips:

- Katie-K
- Eliott-K
- Marielle-Grade 1
- Milena-Grade 1



ORCHESTRA PROGRAM
AT VERNON



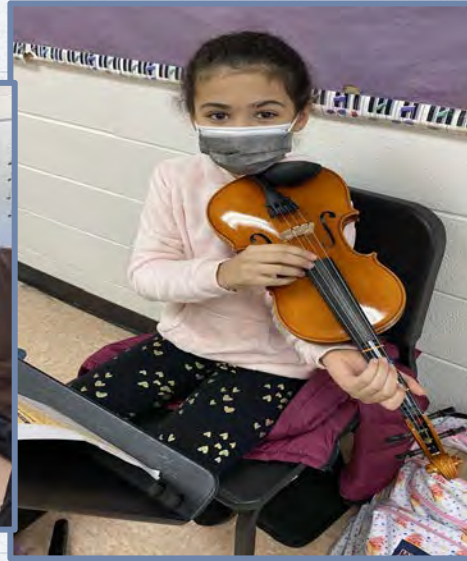
ORCHESTRA PROGRAM UPDATE

- x Enrollment
- x Curriculum Overview
- x Lessons
- x Ensemble
- x Goals



VERNON ORCHESTRA ENSEMBLE IN ACTION





4TH GRADE ORCHESTRA ENSEMBLE



ORCHESTRA ROCKS!



VERNON SITE-BASED TEAM

Let's start with the first set of slides

GOALS OF THE SITE BASED TEAM

- ✘ Promote diversity, equity, inclusion, and excellence for all students
- ✘ Empower students as agents of social change
- ✘ Cultivate classroom, school, and community partnerships
- ✘ Create a safe, supportive learning environment
- ✘ Establish shared vocabulary about diversity, equity, and inclusion



SITE-BASED TEAM INITIATIVES

BOOK REVIEWS

- Increase student input with text selection
- Empower students to evaluate books through the lens of diversity, equity, and inclusion

STUDENT RECOMMENDATIONS

- Engage students in reflection about the books reviewed
- Invite students to select books of the month for the 2021-22 school year

6TH GRADE STUDENT SURVEY

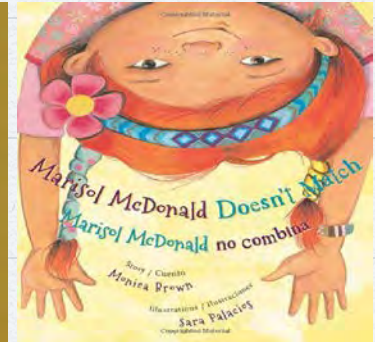
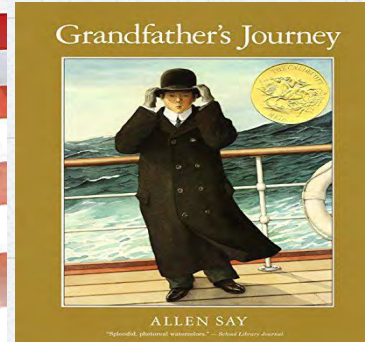
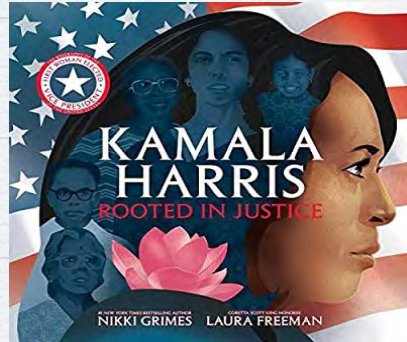
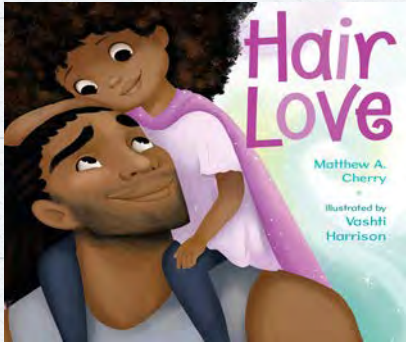
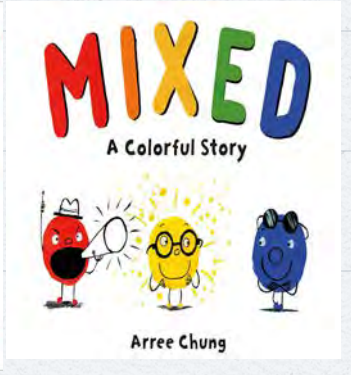
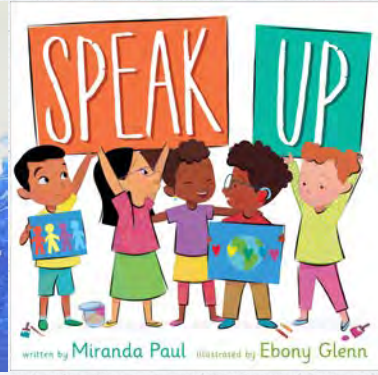
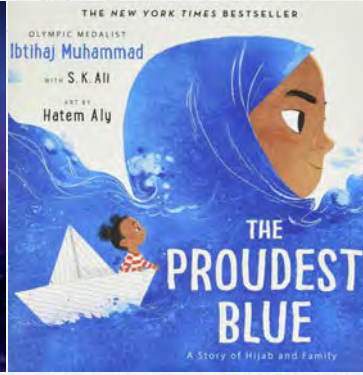
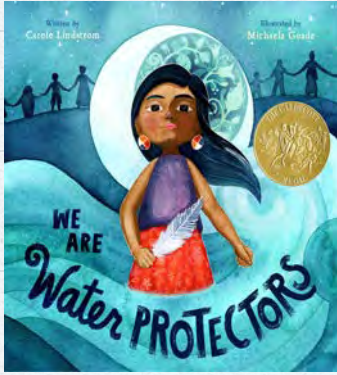
- Collaborate with team to design a survey to gain student perspective and input
- Administer survey focused on school climate, belonging, diversity, equity, and inclusion to 6th graders



BOOK OF THE MONTH REVIEWS & RECOMMENDATIONS



BOOK OF THE MONTH SELECTIONS



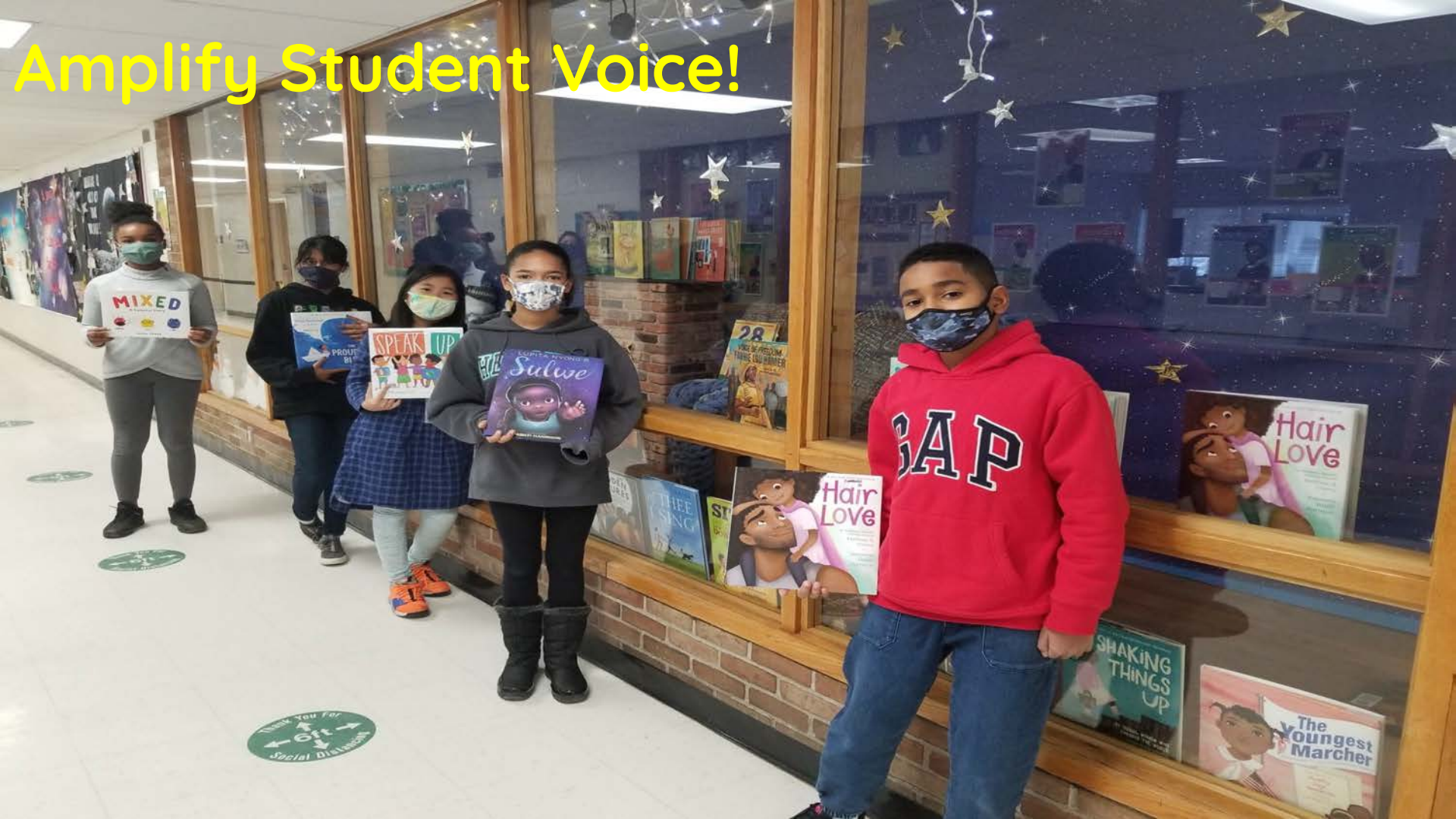


VERNON SITE-BASED TEAM VIDEO

Site Based Committee

James H. Vernon School

Amplify Student Voice!



MIXED

PROUD

SPEAK UP

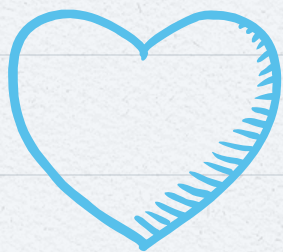
Sulwe

Hair Love

SHAKING THINGS UP

The Youngest Marcher

Thank You For
6ft
Social Distancing



THANK YOU!

What questions do you have?