# Potato Pearls® Smart Servings™ Mashed Potatoes with Vitamin C, low sodium, 492 servings (4 OZ) per case, 12/26.5 oz. pch.



			NUTRITION
10426	GTIN:	10011140104265	C Olyton Free
DAIRY	Unit Size:	26.5 OZ	Gluten Free
12	Pallet High:	3	Low Fat
270 Days	Pallet Tier:	12	Low Sodium
21.33 LB	Case Net Weight (imperial):	19.88 LB	No Trans Fat Per Serving
10.500 IN	Case Length (imperial):	14.125 IN	No Italis Fat Fel Selving
12.500 IN	Case Cube (feet):	1.07 CF	<ul><li>Vegetarian</li></ul>
	DAIRY  12  270 Days  21.33 LB  10.500 IN	DAIRY Unit Size:  12 Pallet High:  270 Days Pallet Tier:  21.33 LB Case Net Weight (imperial):  10.500 IN Case Length (imperial):	DAIRY       Unit Size:       26.5 OZ         12       Pallet High:       3         270 Days       Pallet Tier:       12         21.33 LB       Case Net Weight (imperial):       19.88 LB         10.500 IN       Case Length (imperial):       14.125 IN



### **NUTRITION**

# **Nutrition Facts**

Serving Size About 1/4 Cup Dry (23g) 140g Prepared Servings Per Container 33

Amount Per Serving				
Calories 90		Calories from Fat 5		
		% Daily Value*		
Total Fat 1g		2%		
Saturated Fat 0 g		0%		
Trans Fat 0 g				
Cholesterol 0 mg		0%		
Sodium 115 mg		5%		
Potassium 150 mg		4%		
Total Carbohydrate 18 g		6%		
Dietary Fiber 1 g		4%		
Sugars <1g				
Protein 2 g				
Vitamin A 0 %		Vitamin C 20 %		
Calcium 0 %	•	Iron 2 %		
*Percent Daily Values are based o or lower depending on your calorie		lorie diet. Your daily values may be higl	ne	



#### **GENERAL DESCRIPTION**

Creamy texture mashed potatoes. 115mg sodium per serving. Perfect for K-12 and healthcare operators. Yield: 492, 4-oz servings per case (41 servings per pouch). Potato Pearls® are the best-selling brand of foodservice mashed potatoes, delivering profit-building back-of-house benefits - easiest prep, zero waste and longest holding time. Foodservice Rewards and USDA Foods Processing Program participant.

#### **SERVING SUGGESTIONS**

Over 1 billion\* orders of mashed potatoes are served in foodservice annually. Potatoes are a well loved side dish. They are a versatile base to add a signature dish. Mustard Mashed Potatoes - add spicy brown mustard. Cheddar Scallion Mashed Potatoes - add scallions and cheddar cheese. Sage and Brown Butter Mashed Potatoes - add sage and browned butter. Use mashed as a side or as a base for the entree. Lower food costs by increasing the serving of mashed and decreasing the serving of protein. Mashed can be used as a thickener or can be added to scratch-made mashed to extend hold time and recipe quantity. \*Source: NPD Group/CREST

#### PREPARATION AND COOKING INSTRUCTIONS

1: Pour 4 Liters (1 gallon plus 1 cup) of hot water (170-190°F) into 6" deep half steamtable pan. 2: Add all potatoes and stir for 15 seconds. 3: Let stand for 5 minutes, stir and serve.

#### LIST OF INGREDIENTS

POTATO (DRY), CANOLA OIL, CONTAINS 2% OR LESS OF: SALT, MONO AND DIGLYCERIDES, ASCORBIC ACID (VITAMIN C), NATURAL AND ARTIFICIAL FLAVOR, ARTIFICIAL COLOR. FRESHNESS PRESERVED WITH CITRIC ACID, SODIUM BISULFITE, AND BHT. CONTAINS: MILK.

#### **PACKAGING/STORAGE INFORMATION**

Store cool dry (less than 80 degrees F)

BASIC AMERICAN FOODS

2185 N. CALIFORNIA BLVD., SUITE 215, WALNUT CREEK, CA 94596

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# Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10426 Potato Pearls® Smart Servings™ Mashed Potatoes 12/26.5oz pouches

#### **Product Formulation Sheet:**

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	X	3.1563	2.00
Total Creditable Vegetable Amount:		1.00	/ 2.00	Total Cups Starchy:	0.25 / 0.50



	tion Informat	tion		
USDA Vegetable	1/4 cup		1/2 cup	-
Contribution Equivalent	9.41	g	18.82	g
Calories*	35	, The	70	-
Protein*	less than 1g		1	g
Carbohydrate*	7	g	15	g
Dietary Fiber*	less than 1g		1	g
Sugars*	0	g	less than 1g	
Total Fat*	0	g	0.5	g
Trans Fat*	0	g	0	g
Saturated Fat*	0	g	0	g
Cholesterol*	0	mg	0	mg
Iron	0.09	mg	0.19	mg
Calcium	3.54	mg	7.08	mg
Sodium*	50	mg	95	mg
Potassium*	60	mg	120	mg
Vitamin A	0.95	IU	1.90	IU
Vitamin C	5.02	mg	10.04	mg

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.05 oz.	1/4C Vegetable/Starchy	79.85	958.20
4.10 oz.	1/2C Vegetable/Starchy	39.92	479.04

**Ingredients**: Potato (Dry), Canola Oil, Contains 2% or Less of: Salt, Mono and Diglycerides, Ascorbic Acid (Vitamin C), Natural and Artificial Flavor and Artificial Color. Freshness Preserved with Sodium Bisulfite, Sodium Acid Pyrophosphate, Citric Acid and BHT. Contains Milk

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days (minimum).

#### **Preparation and Cooking Instructions:**

1: Pour 4 Liters (about 1 gallon plus 1 cup) of hot water (170-190°F) into 6" deep half steamtable pan. 2: Add all potatoes and stir for 15 seconds. 3: Let stand for 5 minutes, stir and serve.

Nutrition Claims: Gluten Free, Low Sodium, Kosher Dairy

I certify that the above information is true and correct when prepared according to directions.





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Product Name:	Potato Pearls® Smart Servings™ Mashed Potatoes	Code: 1042	2.6
Manufacturer: I	Basic American Foods	Serving Size:	9.41g (dry) 2.05 oz. (as prepared)

# I. Vegetable Component

Please fill out the chart below to determine the creditable amount of vegetables.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount <sup>1</sup> (quarter cups)	
Potatoes, dehydrated, Granules Low moisture ncludes USDA Commodity	Starchy	0.3168	Х	3.1563	1.00	
			X			
			X			
	Total Cree	litable Vegetable A	mount:			
<ul> <li><sup>1</sup>FBG calculations for quarter cup to cup co</li> <li>Vegetables and vegetables</li> </ul>	onversions. etable purees c	redit on volume serv	red.		Total Cups Beans/Peas (Legumes)	
<ul> <li>At least ½ cup of recomponent or a spec</li> <li>The other vegetable green, red/orange, at</li> </ul>	eific vegetable subgroup may nd beans/peas	subgroup.  be met with any add (legumes) vegetable	ditional amoun subgroups.	ts from the dark	Total Cups Dark Green	
<ul> <li>School food authorit requirement for the a</li> <li>Please note that raw meals (For example: may credit towards t</li> </ul>	additional veg leafy green ve : 1 cup raw sp	etable subgroup. egetables credit as ha inach credits as ½ cu	If the volume s	served in school regetable. Legumes	Total Cups Red/Orange	
both in the same medinto the school meal how legumes contribution component. See characteristics of the same mediane in the sa	al. The schoo . However, a bute towards the	l menu planner will om manufacturer should ne vegetable compon	decide how to it provide docur tent and the me	ncorporate legumes nentation to show	Total Cups Starchy	¼ cup
<ul> <li>The PFS for meat/m towards the meat alt</li> </ul>			nent how legur	nes contribute	Total Cups Other	

I certify the above information is true and correct and that 9.41g (dry) ounce serving of the above product contains 1/4 cup(s) of starchy vegetables.

(vegetable subgroup)



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# II. Fruit Component

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount <sup>1</sup> (quarter cups)
		X		
		X		
		X		
To	tal Creditable Fruit Amoun	t:		
Please note that dried fruits credit as ciruit).  ertify the above information is true ar fruit.		ool meals (For e	xample, ½ cup raisin	
ruit).  rtify the above information is true arruit.	nd correct and thatounc	e serving of the	xample, ½ cup raising	
lease note that dried fruits credit as quit).  rtify the above information is true arruit.  0.5 Quarter Cups veget	Ouarter Cup to Cup Contable = 1/8 Cup vegetable or 0.5 c	e serving of the	above product contai	
lease note that dried fruits credit as cruit).  rtify the above information is true arruit.  0.5 Quarter Cups veget 1.0 Quarter Cups veget	Ouarter Cup to Cup Contable = 1/4 Cup vegetable or 1.0 of table = 1/4 Cup vegetable = 1/4 Cup vegetable or 1.0 of table = 1/4 Cup vegetable = 1/4 Cup vegetable or 1.0 of table = 1/4 Cup vegetable = 1/4 Cup vege	e serving of the  versions*  ounces of equival	above product contained above product contained alternate ent meat alternate	
lease note that dried fruits credit as cuit).  rtify the above information is true arruit.  0.5 Quarter Cups veget 1.0 Quarter Cups veget 1.5 Quarter Cups veget	Ouarter Cup to Cup Contable = ½ Cup vegetable or 1.5 ctable =	e serving of the  versions*  ounces of equival  ounces of equival	above product contained above product contained lent meat alternate lent meat alternate lent meat alternate	
lease note that dried fruits credit as cruit).  rtify the above information is true arruit.  0.5 Quarter Cups veget 1.0 Quarter Cups veget 1.5 Quarter Cups veget 2.0 Quarter Cups veget	Ouarter Cup to Cup Contable = 1/4 Cup vegetable or 1.0 of table = 1/4 Cup vegetable = 1/4 Cup vegetable or 1.0 of table = 1/4 Cup vegetable = 1/4 Cup vegetable or 1.0 of table = 1/4 Cup vegetable = 1/4 Cup vege	e serving of the  versions*  ounces of equivalounces of e	above product contained above product contained alternate alternate lent meat alternate lent meat alternate lent meat alternate lent meat alternate	100
lease note that dried fruits credit as cruit).  rtify the above information is true arruit.  0.5 Quarter Cups veget 1.0 Quarter Cups veget 1.5 Quarter Cups veget 2.0 Quarter Cups veget 2.5 Quarter Cups veget	Ouarter Cup to Cup Contable = ½ Cup vegetable or 1.0 ctable = ½ Cup vegetable or 1.5 ctable = ½ Cup vegetable or 2.0 ctable =	e serving of the  versions*  ounces of equival ounces of equival ounces of equival ounces of equival	above product contained above product contained alternate	100
nuit).  O.5 Quarter Cups veget  1.0 Quarter Cups veget  2.0 Quarter Cups veget  2.5 Quarter Cups veget  2.5 Quarter Cups veget  3.0 Quarter Cups veget  3.0 Quarter Cups veget	Ouarter Cup to Cup Contable = ½ Cup vegetable or 1.5 ctable = ½ Cup vegetable or 1.5 ctable = ½ Cup vegetable or 2.0 ctable = ½ Cup vegetable or 2.0 ctable = ½ Cup vegetable or 2.0 ctable = ½ Cup vegetable or 2.5 ctable = 5% Cup ve	e serving of the  versions*  ounces of equivalounces of e	above product contained above product contained alternate	1
Please note that dried fruits credit as druit).  Pertify the above information is true arguit.  0.5 Quarter Cups veget 1.0 Quarter Cups veget 1.5 Quarter Cups veget 2.0 Quarter Cups veget 2.5 Quarter Cups veget 3.0 Quarter Cups veget 3.0 Quarter Cups veget 3.5 Quarter Cups veget	Ouarter Cup to Cup Contable = ½ Cup vegetable or 1.0 ctable = ½ Cup vegetable or 2.0 ctable = ½ Cup vegetable or 2.0 ctable = ½ Cup vegetable or 2.0 ctable = ½ Cup vegetable or 3.0 ctable = ½ Cup vegetable or 3.0 ctable = ½ Cup vegetable or 3.0 ctable = ¾ Cup vegetable or 3.0 ctable =	e serving of the  versions*  ounces of equivalounces of e	above product containable dent meat alternate lent meat alternate	1

Joe E Buly	Regulatory Operat	ions Manager	
Signature	Title		
Joe Bailey	April 27,2017	208-785-8773	
Printed Name	Date	Phone Number	