

**American Red Cross** 

on Long Island

- Nassau County Department of Social Services
  - o 60 Charles Lindbergh Blvd, Uniondale, NY 11553
  - o 516-227-8519 (8AM to 4PM Monday Friday) Main Number
  - o 516-227-7525 (Emergency Housing Assistance)
  - o 516-573-8626 (After Hours Emergency Number)
- Suffolk County Department of Social Services
  - o Coram Office: 631-845-2300 Open until 3PM
  - o Hauppauge Office: 631-853-8714 Open until 4PM
  - o Ronkonkoma Office: 631-854-9700
  - *Riverhead:* 631-853-8700
  - If a person experiences a housing crisis **after 4:30 p.m.** during the week, **anytime during the weekend**, **or during a Holiday**, call the DSS Emergency Services Unit at **631-845-9100**.
- Long Island Coalition
  - If a person is ineligible for DSS services, please call Long Island Coalition for the Homeless at 631-464-4314
- *New York State Housing Search.Gov* Provides a free listing of rental properties throughout NY State.
  - http://www.nyhousingsearch.gov/
  - Call: 1-877-428-8844
- Family Service League FSL operates more than 60 programs at 21+ locations throughout Suffolk County. Our help centers and phone lines are monitored seven days a week. (24/7/365) HOTLINE: 631-952-3333
  - Bay Shore: 631-647-3100
  - Huntington: 631-396-2300
  - Mastic: 631-924-3741
  - Riverhead: 631-369-0104
  - Mastic Beach: 631-874-1318
    - Addiction Service
    - Children & Youth Programs / Children with Autism Programs
    - Family Mental Health & Counseling
    - Family Support Services
    - Housing & Homeless Services
    - Senior Services
    - Trauma & Crisis Counseling
    - Veterans Assisstance
- Nassau County Homeowners Default Counseling Services A hotline for homeowners experiencing difficulties with their mortgage. Certified counselors are available to meet with homeowners to review alternatives to foreclosure. Applications:
  - English: [https://www.nassaucountyny.gov/DocumentCenter/View/1754]
  - Spanish: [https://www.nassaucountyny.gov/DocumentCenter/View/1756]
  - HOTLINE: 516-572-1903

- Winter Warming Centers 1-866-927-6233
- Long Island 211 2-1-1 is a free and confidential website that helps people find the local resources they need. Available 24 hours a day, seven days a week.
  - Call 211 or visit <u>http://www.211li.org/cms/</u>
- Long Island Cares Harry Chapin Food Bank Brings together resources for the benefit of the hungry and food insecure on Long Island and, to the best of their ability, provides for the humanitarian needs of the community.
  - 631-582-FOOD (3663)
  - Huntington: 631-824-6384
  - Pantry Locator: <u>https://www.licares.org/find-help/food-locator/</u>
- Baxter's Pet Pantry Long Island Cares (Harry Chapin Food Bank) Free pet food and supplies program operated by the Harry Chapin Food Bank.
  - Pet-pantry Locator: <u>https://www.licares.org/get-to-know-us/our-programs/pet-pantry/</u>
- *Salvation Army Freeport Citadel Corps –* Assists with Emergency Financial Assistance & Food.
  - 66 Church Street, Freeport, NY 11520
  - Call: (516) 378-4557
  - Jairo.Ramirez@use.salvationarmy.org
  - Raquel.Ramirez@use.salvationarmy.org
- Salvation Army East Northport Corps Assists with Emergency Financial Assistance & Food.
  - 319 Clay Pitts Road, East Northport, NY 11731
  - Call: 631-368-1170
  - Pedro.Espinoza@use.salvationarmy.org
  - Vanessa.Espinoza@use.salvationarmy.org
- Salvation Army Greater NY
  - 120 West 14th Street New York, NY
  - 212-337-7200
  - <u>www.salvationarmy-newyork.org</u>
- Supplemental Nutrition Assistance Program (SNAP),
  - Formerly known as the Food Stamps Program, is a government program that provides supplementary funds with the goal of allowing food insecure families to afford nutritious meals.
    - SNAP Hotline: 516-805-1642.
- Health & Welfare Council of Long Island Works collaboratively with partner organizations and donor organizations to help those most vulnerable and at-risk in Nassau and Suffolk Counties.
  - Sandy Assistance Program (under development): (516)483-1110
  - Free Tax Prep Clinic (households making less than \$54k/year) Call: (516)505-4432 http://www.hwcli.com/

### • Hands Across Long Island (HALI)

- A multi-service organization managed and operated by and for psychiatric survivors. Largest, most successful peer-run, multi-service mental health agency in NY State. Providing opportunity for recovery from mental illness through collaborative creative efforts.
- o 631-234-1925
  - Community Wellness & Recovery Center
  - Mobile Shower Unit
  - HALI Café Soup Kitchen
  - Housing Provides supported housing in Nassau and Suffolk Counties
  - Advocacy
  - Caregiver Support
  - Food Pantry ("Food Farmacy")
  - Underwear Organization sponsors and supports 'UnderAware" Dignity starts with the basics
- Long Island Coalition for the Homeless The mission of the Long Island Coalition for the Homeless, Inc. is to eliminate homelessness on Long Island and improve the lives of Long Islanders who are homeless or facing homelessness. -
  - Street Outreach Program
    - Hotline: 631-464-4314 x.118
- Long Island Coalition for the Homeless Boutique (Must have referral form filled by ARC or other referring agency) \*\*NO walk-ins\*\*
  - Info: 631-464-4317 x.122
  - Call your American Red Cross Caseworker if you wish to use this resource. The ARC caseworker will fill out the form and send it to the LI Coalition for the Homeless. Clients will be contacted by LICH and given an appointment.
- Catholic Charities Immigrant Services
  - 143 Schleigel Blvd, Amityville, NY 11701
  - 631-789-5210
- Catholic Charities Mental Health Clinics:
  - 1727 North Ocean Avenue, Medford, NY 11763
    - 631-654-1919
  - 9 Fourth Avenue, Bay Shore, NY 11706
    - 631-665-6707
- Catholic Charities Diocese of Rockville Centre (Long Island HQ)
  - 90 Cherry Street, Hicksville, NY 11801
    - 516-733-7000
- *St. Vincent de Paul of Long Island* As part of [their] direct services program, [their] stores offer furniture, clothing, and other household items to people in need at no cost. This occurs when Vincentians discover during home visits that a family doesn't have proper provisions for everyday living necessities, like a kitchen table on which to feed their children, or adequate beds to get a good night's sleep. In these cases, a furniture and/or clothing request is submitted on behalf of the family by the Conference for the items needed. The family is then given a voucher to present to one of our stores that will be fulfilled by a helpful employee.
  - Garden City Park: 516-746-4116
  - Huntington: 631-858-0380
  - Huntington Station: 631-385-1226

#### • Adelante of Suffolk County

- 83 Carlton Avenue, Central Islip, NY 11722 631-234-1049
- 10 Third Avenue, Brentwood, NY 11717 631-434-3481
- 45 Pine Aire Drive, Bay Shore, NY 11706 631-434-3488
- **PRONTO of Long Island** Serving people in need with basic human services since 1969; working with families in need to create hope and the opportunity for a better future. The organization began serving the needy in the basement of St. Anne's Church in Brentwood. While Pronto of Long Island's origins is faith based they are a non-denominational non-profit 501C3 an organization that **serves anyone in need of basic human services**.
  - **Food Pantry**: Pronto of Long Island provides food to families in the community in need. The majority of the food is provided by donations from Community Partners, Food Drives and the private sector.
  - **Thrift Center**: Pronto of Long Island's Thrift Center offers community members and their families the opportunity to shop for donated gently used clothing, shoes and bedding. The Thrift Center is open during regular business hours.
  - **Warehouse**: Pronto of Long Island's Warehouse offers gently used Household Items. The Warehouse is open during regular business hours. They are constantly receiving and picking up new items so the warehouse is always filled with great finds.
  - Shots for Tots: Pronto of Long Island offers an immunization program called Shots for Tots the first three Wednesdays of each month from 9:30 am to 2:30 pm. They ask for a \$5 Administrative Fee/Donation for each child/student receiving an immunization. This program is provided for those who do not have health insurance coverage only and children up to 18 years old. Children are seen on a first come first serve basis.

## BOOTS ON THE GROUND NY

- Offers a variety of veteran support activities, programs and services. These include PTSD support, food pantry services, furniture pantry services, care packages, holiday programs, and welcome home troops activities. Additionally, operates a Veteran Activity Center that houses peer groups, 12 step meetings, breathing and yoga classes and also PT programs. The VAC has a full service pantry, group meeting room, session and training area, video/TV lounge, coffee café area and a fully stocked pantry of food, toiletries and cleaners as well as miscellaneous furnishings.
- (631) 615-2200
- <u>www.bootsonthegroundny.com</u>
- Veterans Support:
  - Services for the Underserved Nassau & Suffolk: 631-227-0777
  - VA Hotline: 1-877-424-3838
  - EOC of Suffolk: 631-289-2124
  - Northport VA Hospital Suicide Prevention Coordinator- 631-261-4400
- Church World Service
  - Christians working together with partners to eradicate hunger and poverty and to promote peace and
  - justice around the world. Providing cleaning kits, hygiene kits, and blankets.
    - 475 Riverside Drive, Suite 700, New York, NY
    - 800-297-1516
    - www.churchworldservce.org

### • UJA -Federation of New York

- UJA-Federation cares for those in need, rescues those in harm's way, and renews and strengthens the Jewish people in New York, in Israel, and around the world.
  - o 130 East 59th Street, New York, NY 10022
  - o **212-980-1000**
  - o <u>www.ujafedny.org</u>
- Presbyterian Disaster Assistance
  - 800-728-7228
  - www.presbyterianmission.org
- New York Conference of the United Methodist Church
  - The New York Annual Conference through the grace of God embodies a beloved community of hope, building up a healthy body of Christ, with heart warmed United Methodists in mission for the transformation of the world.
    - 20 Soundview Ave, White Plains, NY
    - 888-696-6922 or 914-997-1570
    - Long Island 516-795-1322
    - Staten Island 718-984-1277
    - Brooklyn 347-881-6238
    - www.nyac.com
- Lighthouse Mission

- 1543 Montauk Highway, Bellport, NY 11713
  - 631-758-7584
    - 9A-4P (M-F) & 11A-1P (Sat)
- Ronkonkoma Outreach: Mondays 12:00pm-1:00pm
  - 565 Portion Road., Lake Ronkonkoma, N.Y. 11779
  - Coram Outreach: Mondays 12:00pm-1:00pm
    - 79 Middle Country Road., Coram, NY 11727
- Bellport Outreach: Wednesdays 12:00pm-1:00pm
  - 1741 Montauk Highway, Bellport NY 11713
- Central Islip Outreach: Wednesdays 12:00pm-1:00pm
  - 1 Carleton Ave, Central Islip, NY 11722
  - Shirley Outreach: Thursdays 12:00pm-1:00pm
    - 405 William Floyd Parkway, Shirley, NY 11967
- Port Jefferson Station Outreach: Thursdays 12:00pm-1:00pm
  - 499 Main Street, Port Jefferson Station, NY 11776
- Riverhead Outreach: Fridays 12:00pm-1:00pm
  - Peconic Riverfront Park: Peconic Ave., Riverhead, NY 11901
- Centereach Outreach: Fridays 12:00pm-1:00pm
  - 2150 Middle Country Road, Centereach, NY 11720
- Patchogue Outreach: Saturdays 10:00am-11:00am
  - 90 Terry Street, Patchogue, NY 11772
- Buddhist Tzu Chi Foundation
  - 60 E. Williston Ave., East Williston, NY 11596
  - 516-873-6888
  - www.us.tzuchi.org/us/en/

- United Sikhs
  - Recognize Human Race as One
    - POB 7203, New York, NY 10116, USA
    - 646-688-3525 or toll-free 1-888-243-1690
    - www.unitedsikhs.org
- Nassau-Suffolk Hospital Council <u>Health Insurance Advisors</u> (FREE and Confidential) provides inperson navigators at various sites throughout the community on a daily basis. These counseling at these sites is offered on a first come, first serve basis. There are no appointments. Check the online calendar for dates, times, and locations for enrollment.
  - [http://coverage4healthcare.org/insurance\_under\_65/]
- Home Energy Assistance Program (HEAP) Helps low-income people pay the cost of heating their homes.
  - If you are eligible, you may receive one regular HEAP benefit per program year.
  - You could also be eligible for emergency HEAP benefits if you are in danger of running out of fuel or having your utility service shut off. *NYS HEAP Hotline: (800)342-3009*
  - Questions regarding the HEAP program should be directed to your HEAP Local District Contact:
    - Nassau County HEAP: (516)565-4327 / HEAP for Seniors (516)227-7386
    - Suffolk County HEAP: (631)852-3500, (631)853-8842, (631)854-6672
- NYS Attorney General's Office- Homeowner Protection Program (HOPP)- If you are unsure about whether you can trust a company or individual to help you with your home or mortgage, call the Attorney General's Homeowner Protection Program hotline. IT'S NEVER TOO LATE FOR MORTGAGE HELP!
  - Call Toll Free: 855-HOME-456 (855-466-3456)
  - www.aghomehelp.com
  - Foreclosure Scam Educational Information: <u>https://agscamhelp.com/en/educational-information</u>
- Nassau County Bar Association: Free Mortgage Foreclosure Clinics Free One-on-One Consultation with an Attorney for matters related to: foreclosures, Sandy recovery, debt counseling, bankruptcy, homeowners insurance & FEMA
  - Call for your FREE appointment: (516)747-4070
- *Community Development Corporation of Long Island (CDCLI)* Offers Nassau and Suffolk County residents flexible loan programs for mortgage refinancing and home improvement loans.
  - Call: 631-471-1215 x125
- Legal Representation Nassau-Suffolk Law Services Committee
  - o Nassau: 516-292-8100
  - o Suffolk: 631-232-2400
- National Association of the Remodeling Industry Provides homeowners with informational seminars on how to select reputable contractors, financing of home improvement projects and permit issues.
  - Call: 631-673-6274 or email info@nari-ny.org for more info.

- Office of Consumer Affairs handles consumer complaint activity and verifies the licensing status of contractors.
  - Suffolk County: 631-853-4600
  - Nassau County: 516-571-3200
- Adult Protective Services (APS) : Accepts all referrals of adults, over the age of 18 years, who are alleged to be incapable of caring for themselves because of a physical or mental incapacity and/or are abused, neglected or financially exploited by others; and have no one willing or able to assist them responsibly. Services may be provided free, without regard to income. A caseworker will visit the person in his/her home within 24 hours, if the allegation is life threatening; and within 3 working days, if non-life threatening. It uses a case management approach to evaluate eligibility for homemakers, counseling, financial management services, and medical services. Anyone making a referral to Adult Protective Services in good faith is protected from civil liability.
  - 516-227-8083
- Adult Preventive Services: Provides a family living situation for adults who need supervision and care. Caring
  people open their homes to adults that are mentally or physically impaired who do not require the skilled
  care of a nursing facility. A request to become a Family-Type Homes for Adults operator or to refer an interested
  adult may be made directly to the office of Adult Services at:
  - (516) 227-8083
- NYS Office of Long Term Care Ombudsman
  - 1-855-582-6769
  - <u>www.LTCombudsman.ny.gov</u>
    - Ombudsman: A person who investigates complaints, reports findings, and mediates fair settlements, especially between an individual consumer and an institution or organization. [Swedish for 'citizen advocate']
    - Long Term Care Ombudsman is a professionally trained and certified advocate who resolves issues with long term care facilities on behalf of residents and their families. In New York State there is a State Ombudsman and 15 Regional Ombudsman Coordinators. They support and train the more than 1,000 certified Ombudsmen who are the first line of contact with residents and long-term care facilities.

## • Coalition Against Child Abuse and Neglect

- Is there a child you know under the age of 18:
  - Who is being left home alone, not provided with enough food, dressed inappropriately for the weather, or frequently absent from school?
  - Who is being touched inappropriately or in a sexual manner by a parent or caretaker?
  - Who is being hit, punched, slapped, kicked, or beaten by a parent or caretaker?
  - Who you suspect is being abused or neglected by their parent or caretaker?
- If you answer YES to any of these questions, please contact Coalition Against Child Abuse and Neglect
  - Monday thru Friday (9A 5P)
  - 516-747-2966 / <u>www.ccanli.org</u>
    - 24 x 7 Maltreatment Hotline: 800-342-3720
- LGBTQ+ Support
  - Nassau: LGBT Network 516-323-0011
  - Suffolk: LGBT Network 631-665-2300

- Nassau County Youth Support Services
  - Nassau Haven (ages 10-20) Shelter-Runaway Homeless Youth
     516-221-1310
  - Family and Children's Association (ages 16-21)
    - 516-746-0350
- Suffolk County Youth Support Services
  - Family Service League
    - 631-427-3700
  - Hope For Youth
    - 631-782-6596
- Suffolk Crisis Hotline: 631-751-7500
- Nassau Crisis Intervention: 516-227-8255
- Suffolk: Victim of Domestic Violence/Dating Violence/Sexual Assault/Stalking
   Long Island Against Domestic Violence 631-666-7181
- Nassau: Victim of Domestic Violence/Dating Violence/Sexual Assault/Stalking
   The Safer Center 516-542-0404

# National Suicide Prevention Lifeline 4 800-273-8255