

Oyster Bay High School

College Guide

Class of 2025

A Complete Guide to the College Admissions Process



OBHS Counseling Center

www.obenschools.org



OYSTER BAY HIGH SCHOOL
150 East Main Street
Oyster Bay, NY 11771-2496

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Supervisor of Guidance K-12

Renata Anqa

Supervisor of World Language & ENL

Daniel Moy

Supervisor of Science

Carla Pimentel

Supervisor of Mathematics

Oyster Bay High School Counseling Office

516-624-6526

School Counselors

Dr. Joy-Anne D'Anca, Supervisor of Guidance K-12

jdanca@obenschools.org

Deanna Cali

dcali@obenschools.org

Rebecca Lieberman

rlieberman@obenschools.org

Kayla Pollenz

kpollenz@obenschools.org

Danielle Urtheil

durtheil@obenschools.org

Lisa Lowe, Elementary School Counselor

llowe@obenschools.org

Office Support Staff

Catherine Petrone

cpetrone@obenschools.org

Stacie Ganios

aganios@obenschools.org

This planning guide has been prepared to help you navigate through everything from the PSAT to the Financial Aid process! You have many resources at your disposal. Your school counselor is an expert on these topics and can walk you through the college research and application process. Be sure to contact her to discuss your college plans.

TERMS TO KNOW

ACT: Like the SAT, the ACT is a nationally administered, standardized paper-and-pencil test that helps colleges evaluate candidates. Most colleges now accept your ACT or SAT scores interchangeably. This means that you have the opportunity to decide on which test you will perform better. In many cases, students prepare for and take both exams.

Common Application: Also known as the Common App, this application allows students to apply to any of over 1000 partnering colleges & universities by using just one application. Find it at www.commonapp.org

CSS Profile: This financial aid supplemental application is only used by some schools & is used for non-federal financial aid. Students should only fill it out if required by the school they are applying to. It costs \$25 for 1 college & \$16 per additional college.

Demonstrated Interest: Showing the college that you are interested in attending their school by opening emails, visiting campus, connecting with college reps, etc.

Early Action (EA): A non-binding application that allows students to apply at an early date, resulting in an early admission decision.

Early Decision (ED): A “BINDING” application that allows students to apply early to ONE college or university with a guarantee that the student will attend if accepted. Students should speak with their counselor if considering this option.

FAFSA (Free Application for Federal Student Aid): Students must fill out this document if they would like to receive student financial aid in the form of loans, grants & some scholarships. It can be filed as early as October 1 of senior year. Find it at www.fafsa.gov

On-Site Admissions Colleges come to OBHS to meet with students, review their application in real time and admit them to their school that very day. Many colleges will also give students a preliminary idea of what they can expect in merit scholarships and aid.

SAT : The Scholastic Achievement Test is a nationally administered test that helps colleges evaluate candidates. All colleges accept this test or the ACT as part of the admissions decision process. This will be fully digital starting in March 2024.

COLLEGE PLANNING TIMELINE

9th & 10th Grade

- ❑ **Create a four-year high school plan.** Think about what interests you and what classes you would like to take. Try to appropriately challenge yourself.
- ❑ **Meet with your school counselor.** Your counselor knows how to help you get the most out of high school. Discuss your goals and post-high school plans with them consistently.
- ❑ **Get involved!** What you do outside the classroom is important. Explore the various sports, clubs and volunteer opportunities available to you. Colleges want to see that you have sustained commitment to the activities that are important to you.
- ❑ **Work hard.** Every grade you earn will be on your transcript so work hard and do your best.
- ❑ **Start building a resume.** Keep track of all of your accomplishments and involvement throughout high school. Use the Naviance Resume Builder to help you.
- ❑ **Take assessments on Naviance.** Your counselor will be helping you to use Naviance to explore your interests, strengths & weaknesses and colleges of interest.
- ❑ **Attend College Information Night.** Every January, the Counseling Center presents new and updated information regarding college admissions. Attend each year to help you and your family stay on track in your planning.
- ❑ **Explore summer opportunities.** Look for a job, internship or volunteer position that will help you learn more about a field of interest.
- ❑ **Create a standardized testing plan.** Start to think about the SAT & ACT. Talk to your counselor about your plans so they can advise you on when you should start to prepare and take standardized tests.
- ❑ **Research scholarship opportunities.** While the biggest scholarships usually come from the colleges themselves, some smaller private scholarships are available to all high school students.
- ❑ **Take the PSAT.** In October of sophomore year, you will take the PSAT exam. It will provide you with valuable feedback on your college readiness and help you prepare for the SAT.
- ❑ **Tour College Campuses.** Visit colleges to get an idea of what type of campus you are interested in.

COLLEGE PLANNING TIMELINE

11th Grade

- ❑ **Continue to work hard.** Your GPA will be finalized at the end of junior year!
- ❑ **Update your resume.** Use the Naviance Resume Builder to help you.
- ❑ **Take the PSAT/NMSQT.** In October of junior year, you will take the PSAT/NMSQT (*National Merit Scholarship Qualifying Test*.) If you score in the top percentile of the country, you could qualify for scholarships through National Merit.
- ❑ **Register for an ACT or SAT Prep Course.** There are tips & tricks to help you master standardized tests. The more you practice, the better your scores will be.
- ❑ **Register for the ACT or SAT.** Talk to your counselor about your plans so they can advise you on when you should start to prepare and take standardized tests. You must register yourself on their websites: www.act.org or www.collegeboard.org
- ❑ **Attend College Fairs.** Meet college admissions representatives and create relationships with your colleges of interest. Remember that these individuals are likely to be the very ones reading your applications next fall!
- ❑ **Ask about Fee Waivers** Fee waivers are available for those who qualify for AP exams costs, SATs, ACTs & college applications. So ask your counselor if you qualify.
- ❑ **Attend College Information Night** that is held in January.
- ❑ **Schedule a family meeting with your school counselor.** Starting in February, your counselor will schedule individual time to meet with you and your family to discuss the college admissions process.
- ❑ **Create a college List.** Using Naviance, complete a search and save schools to your “Colleges I am Thinking About” list.
- ❑ **Research scholarships.** Check out the Scholarship Bulletin which is posted on the Counseling Center website.
- ❑ **Tour College Campuses.** Visit colleges that you are interested in by attending Open Houses and tours. Be sure to meet the admissions counselors while you are there.
- ❑ **Finalize your resume.** You will need your resume for college applications, scholarships and letters of recommendation.
- ❑ **Brag Sheet and Letters of Recommendation.** Complete your Brag Sheet and give it to your counselor so they can write the best letter of recommendation for you. Make sure you ask 2 teachers if they would be willing to write a letter for you.
- ❑ **Start to plan your college essay.** Ask your counselor and teachers for help.
- ❑ **Create a Common Application account.** Create your account & be sure to write down your password and username. After August 1, you can complete your applications.

COLLEGE PLANNING TIMELINE

12th Grade August - January

- ❑ **Finalize your College List.** Be sure to include “reach”, “good fit” and “likely” schools!
- ❑ **Register for final SAT or ACT.** Keep in mind that some schools have a deadline for testing dates that they will honor for admission.
- ❑ **Work on Common Application & other applications.**
- ❑ **Meet with your school counselor** Review senior courses, final college list & application procedures to make sure you are on track.
- ❑ **Keep up your grades!** Mid-year reports will be sent at end of January so colleges will see your grades senior year.
- ❑ **Attend College Fairs.** Meet the college admissions representatives and create relationships with the colleges. Remember that these individuals are likely to be the ones reading your applications!
- ❑ **Meet with College Reps** The Counseling Center will be hosting reps from various colleges throughout the fall so check out the website for more information.
- ❑ **Tour college campuses.** Visit colleges that you are interested in by attending Open Houses and guided tours. Be sure to meet the admissions counselors while you are there since they will likely be reading your applications.
- ❑ **Be aware of deadlines!** Deadlines are important & Early Action or Early Decision do come up quickly (usually around 11/1).
- ❑ **Ask about fee waivers.** Fee waivers are available for those who qualify for AP exams costs, SATs, ACTs & college applications so ask your counselor if you qualify.
- ❑ **Complete the FAFSA.** The Free Application for Federal Student Aid is available online after October 1 and should be completed before January 1 for most aid available. Go to www.fafsa.gov to complete the form.
- ❑ **Finalize your college essay.** Most schools require an essay & it can be an important part of your applications.
- ❑ **Check in with teachers about recommendation letters.** These letters need to be uploaded by your teachers into Naviance. Make sure they are aware of your deadlines!
- ❑ **Research scholarships.** Check out the Scholarship Bulletin which is posted on Naviance & the Counseling Center website.
- ❑ **Finalize & submit applications.**
- ❑ **Send SAT &/or ACT scores to colleges** These must be sent directly to colleges from the testing agencies for a fee.
- ❑ **Fill out your Golden Tickets.** This form is used to let your counselor know that you have applied & that your records need to be sent to colleges. Submit it 2 weeks prior to deadlines!

COLLEGE PLANNING TIMELINE

12th Grade *February - June*

- ❑ **Track application results.** Let your counselor know the outcome of the schools to which you applied AND update Naviance and help you with your final decision.
- ❑ **Tour college campuses.** Visit colleges that you have been accepted to if you still have not decided where you will be attending.
- ❑ **Thank your teachers** for writing your letters of recommendation. A nice note is always appreciated.
- ❑ **Research scholarships.** Check out the Scholarship Bulletin which is posted on the Counseling Center website.
- ❑ **Follow up if “Waitlisted” or “Deferred.”** Let the admissions office know what you have been accomplishing senior year and make sure they know how strongly you want to attend their school.
- ❑ **Commit to a school!** May 1st is National Decision Day, which is the deadline for you to commit to a school, if you have not already done so.
- ❑ **Have Final Transcripts sent to your college** Let your counselor know where you are attending next year so that they can send your transcript after graduation. This will be required before you can enroll in courses at your college.

How Many Schools Should I Apply To?

We recommend students apply to **approximately 7-10 schools** with **2-3 schools** from each of the following categories:

- **Likely Schools:** A “Likely” school is a school where the student’s chance of admittance, based on GPA and standardized testing scores, is high, typically 75% or higher. This means that a “Likely” school typically admits students with a profile comparable to yours.
- **Target Schools:** A “Target” school is where the student’s chance of admittance, based on GPA and standardized testing scores, is at least 50%. This means that a “Target” school sometimes admits and sometimes denies students with a profile comparable to yours.
- **Reach Schools:** A “Reach” school is a school where a student’s chance of admittance, based usually on GPA and standardized testing scores alone, is low, significantly below 50%. Typically a “Reach” school denies students with a profile comparable to yours.

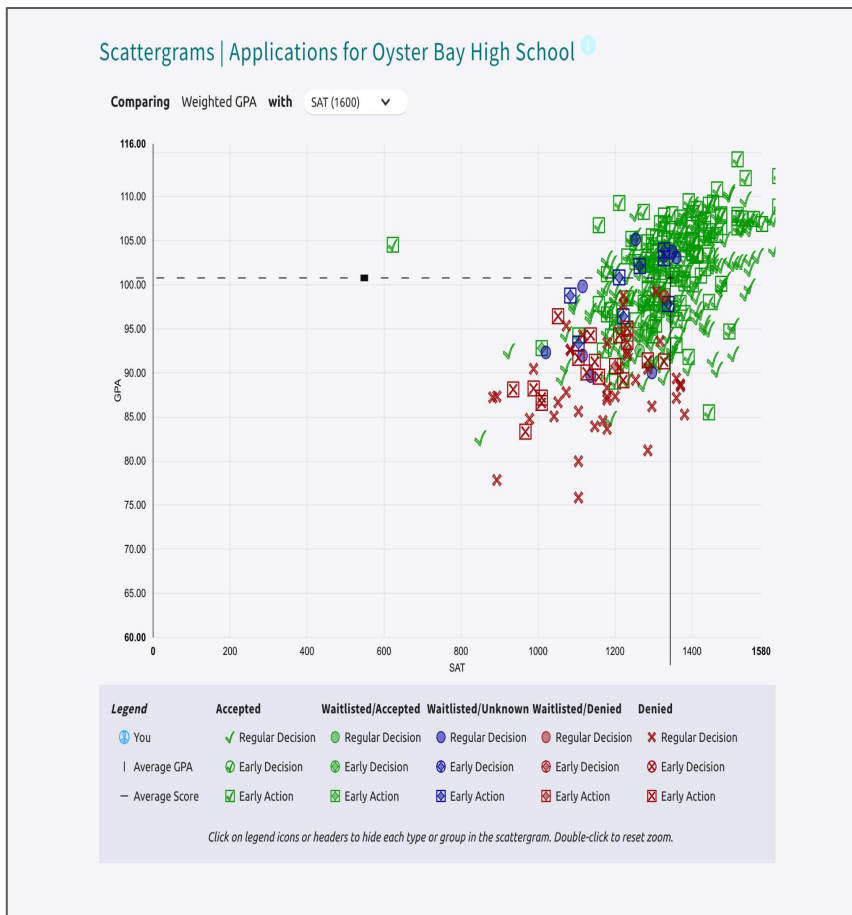
Starting Your College Search

There are great resources available to help you begin your college search. Check out these resources and speak to your counselor for more information.

- [Naviance](#) (Compare yourself to OBHS students who applied to schools you are interested in!)
- [CollegeBoard Big Future](#) (College search engine)
- [Peterson’s College Search](#) (College search engine)
- [The Princeton Review College Education Search](#) (College search engine)
- [Niche](#) (College reviews by students and alumni)
- [Unigo](#) (College reviews, videos, and photos from students)



Naviance is a comprehensive college, career and life readiness tool which helps students align their strengths and interests with post-secondary goals. Students utilize Naviance to conduct personality assessments, career interest inventories, research colleges, and ultimately, apply to college. Counselors will meet with students annually to complete the assessments & show students the most efficient way to use this resource.



Students can do a comprehensive college search based on their preferences and then save those schools to their “Colleges I am Thinking About” list. Each college has their own information page which gives detailed information about the school as well as scattergrams showing the GPA & standardized test scores of students from Oyster Bay High School who have applied to the college.

Keep in mind that with the recent shift in standardized testing requirements (Test Option and Test Blind), the scattergrams can still give you a preliminary picture of your potential for acceptance. However, keep in mind that schools are looking at students more holistically, including their academic rigor and extracurricular activities.

Students and their families can access their personal Naviance account through Class Link.

Factors to Consider When Choosing a College

Academics

- What is the average freshman class size?
- Does the school offer your major?
- What are the most popular/strongest majors? Do some have different admission requirements in addition to those for the general college/university?
- Does the college have any core curriculum requirements?
- Are there any unique programs (honors, accelerated, study abroad, etc.)?
- What additional services are provided by the school? (Tutoring, career counseling, job placement, etc.)
- Is there a program for students with disabilities?
- How strong is the alumni network for internship and post-graduate employment?

Admissions Policies

- What is the average GPA, SAT/ACT score of admitted students?
- Is there a test-optional option?
- Do they offer Early Admissions?
- Are there special requirements for certain majors?
- What is the criteria for accepting college credits from HS courses?
- Do they accept AP credits?

About the College

- Where is the college located?
- What is the surrounding community like?
- How many students are enrolled in the school?
- Where do the majority of students come from?

Campus Life

- Do students tend to stay on campus on weekends or go home?
- Are there fraternities or sororities on campus?
- What types of activities are available?
- What athletic programs are offered?
- What are the housing options? Is housing guaranteed for all 4 years?

College Costs

- What is the cost of tuition? Room and board? Other fees?
- Is there a different price for in-state vs. out-of-state students?
- What scholarships are available?

Financial Aid

- What percentage of students receive need based financial aid?
- What are the financial aid deadlines?
- Are there merit scholarships offered?
- Are campus jobs available?
- What forms does the school require? FAFSA, CSS profile, etc



What Do Colleges Look For?

- **Rigor of Courses:** Colleges want to see students taking courses that challenge them while allowing them to succeed.
- **GPA:** It is important to do your best in your classes, but remember that slightly lower grades in rigorous courses is still preferred over all A's in less challenging courses.
- **SAT/ACT Scores:** You should prepare before taking standardized tests so you can showcase your ability
- **Letters of Recommendation:** Choose a teacher who can speak to your work ethic, values and strengths, not necessarily those in classes where you did the best grade-wise.
- **Resume/Activity List:** Quality is always more important than quantity, so focus on what you are passionate about over all else. Remember to include jobs, internships, volunteer work and/or summer experiences
- **College Essay:** A well-written essay that provides insight into the student's unique personality can make a big difference. Start early and make sure to have others look it over (parents, teachers, counselor, etc.)

Common App Essay Prompts

Below is the full set of Common App essay prompts for 2023-2024. Those for the 2024-2025 year will be released in late Spring. While they rarely change, always review the updated prompts:

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?
5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

Standardized Testing

Every student should take the PSAT exam and a practice ACT exam to see which they perform better on. The PSAT will be administered to all students at Oyster Bay High School in 10th & 11th grades. Students can take a free practice ACT online at www.act.org. Students should meet with their counselor at the end of 10th grade to create a personalized testing schedule that best fits their personal goals for college admissions.

Students must register for standardized exams on each tests websites as listed below. Remember to register EARLY for these tests to increase your chances of getting the testing site you want. When registering, students will upload a digital photo for identification purposes. On the day of the exam, students must bring a valid form of ID as well as a copy of their admission ticket. Students should also bring an approved calculator, two number 2 pencils, and a pen. **The SAT exam will go fully digital starting in March 2024.**

SAT CALENDAR Spring 2024-Fall 2024

Register at www.collegeboard.org

The Oyster Bay HS Code is 334-385

TEST DATE	REGISTRATION DEADLINE
* March 9, 2024 (Digital)	February 23, 2024
May 4, 2024	April 19, 2024
June 1, 2024	May 16, 2024
August 24, 2024	July 9, 2024
October 5, 2024	August 13, 2024
November 2, 2024	September 17, 2024
December 7, 2024	November 8, 2024

ACT CALENDAR Spring 2024-Fall 2024

Register at www.act.org

The Oyster Bay HS Code is 334-385

TEST DATE	REGISTRATION DEADLINE
February 10, 2024	January 5, 2024
April 13, 2024	March 8, 2024
June 8, 2024	May 3, 2024
July 13, 2024 (no test centers in NY)	June 7, 2024

*Fall 2024 dates to be
announced later in Spring
2024*

Note: Not all exams are offered at OBHS and OBHS students are not guaranteed a seat. Register for the exams early!

What is Superscoring?

A student's superscore is the total of their highest scores on each section of the ACT or SAT exam. Many colleges will calculate a student's superscore to give them the best possible score for admissions. This is why students should take standardized tests **at least 2-3 times**.


EXAMPLE OF SAT SUPERSCORING

	March 2023	May 2023	October 2023	Superscore
Reading & Writing	600	630	610	630
Math	640	620	670	670
Total	1240	1230	1270	1300


EXAMPLE OF ACT SUPERSCORING

	February 2023	June 2023	September 2023	Superscore
English	28	30	29	30
Math	32	30	33	33
Reading	33	32	28	33
Science	27	30	28	30
Composite	30	30	29	32

SAT	vs	ACT
2 hours 15 minutes	Timing	2 hours 55 minutes
2 Modules (Reading/Writing & Math) Digital	Sections & Format	4 Sections (Reading, English, Math & Science) Paper
1600 Total of 2 Modules worth up to 800 each	Total Points	36 The average of all 4 sections
Adaptable questions based on answers.	Key Differences	Science section Optional Writing Section
No longer available	Copy of Test Responses	Available for September, April and June tests.



Digital SAT



Students will take the test on a laptop or tablet, using a digital testing app that they'll download prior to test day	The length of the test will be shorter. It used to be 3 hours, now it is around 2 hours 15 minutes.
The test is adaptive depending on how you do on the first module in both the reading/writing and math sections.	Calculator can be used in both sections
The exam application has been built to withstand internet outages.	Mark questions for review & highlight parts of a question for notes.
Each student will have their own timer displayed on their screen.	Reference sheet with common formulas for the math section is provided.

ACT/SAT Concordance Tables

SAT	ACT	SAT	ACT	SAT	ACT
1600	36	1250	26	910	16
*1590	36	*1240	26	900	16
1580	36	1230	26	*890	16
1570	36	1220	25	880	16
1560	35	*1210	25	870	15
1550	35	1200	25	860	15
*1540	35	1190	24	*850	15
1530	35	*1180	24	840	15
1520	34	1170	24	830	15
1510	34	1160	24	820	14
*1500	34	1150	23	810	14
1490	34	*1140	23	*800	14
1480	33	1130	23	790	14
1470	33	1120	22	780	14
*1460	33	*1110	22	770	13
1450	33	1100	22	*760	13
1440	32	1090	21	750	13
*1430	32	*1080	21	740	13
1420	32	1070	21	730	13
1410	31	1060	21	720	12
*1400	31	1050	20	*710	12
1390	31	*1040	20	700	12
1380	30	1030	20	690	12
*1370	30	1020	19	680	11
1360	30	*1010	19	*670	11
1350	29	1000	19	660	11
*1340	29	990	19	650	11
1330	29	980	18	640	10
1320	28	*970	18	*630	10
*1310	28	960	18	620	10
1300	28	950	17	610	9
1290	27	940	17	600	9
*1280	27	*930	17	*590	9
1270	27	920	17		
1260	27				

ACT	SAT	SAT Range
36	1590	1570-1600
35	1540	1530-1560
34	1500	1490-1520
33	1460	1450-1480
32	1430	1420-1440
31	1400	1390-1410
30	1370	1360-1380
29	1340	1330-1350
28	1310	1300-1320
27	1280	1260-1290
26	1240	1230-1250
25	1210	1200-1220
24	1180	1160-1190
23	1140	1130-1150
22	1110	1100-1120
21	1080	1060-1090
20	1040	1030-1050
19	1010	990-1020
18	970	960-980
17	930	920-950
16	890	880-910
15	850	830-870
14	800	780-820
13	760	730-770
12	710	690-720
11	670	650-680
10	630	620-640
9	590	590-610

*Use this SAT score when a single score point comparison is needed.

Note: Concordance tables for the ACT Composite were derived from concordances of the ACT sum score.

Test Preparation

There are many ways students can prepare for their SAT and/or ACT. Some methods include a prep course, private tutoring, review books, or taking exams from previous years. Additional online practice methods for both exams can be found on the OBEN Counseling Center webpage.



Method Learning is an online SAT and ACT test preparation program. Students are presented with a simple checklist that is composed of 15 minute tasks. Students can watch video explanations of how to solve commonly asked SAT and ACT questions. They can also listen to a professional tutor explain the concepts and questions that they are struggling with, without reading through pages of intimidating text. Students get immediate feedback on every question. Performance is tracked and individual strengths and weaknesses are clearly indicated. In this way, students know what they need to work on in order to improve their scores. Method Learning also offers students the opportunity to take test prep classes at Oyster Bay High School.



Khan Academy offers free online test prep for the SAT. This includes:

- Practice tests and more: 7 official full-length practice tests, plus study and test-taking tips
- A tailored practice plan: We'll import your PSAT/NMSQT results and pinpoint your areas for practice
- Interactive practice: Thousands of practice questions, video lessons, and hints.
- Instant feedback: Get constant feedback and progress so you know where you stand.

Why College Visits Are So Important

When it comes to deciding what school is right for you, there is no better way than a campus visit. Having the chance to see the actual campus in person does more than just allow you to see the buildings & campus layout. It also allows you to experience the atmosphere of the school and meet students and faculty.

Colleges offer tours and “Open Houses” where they invite prospective students to visit and learn about their school. Check the school’s website for more information on how to schedule your visit.

College Visit Do’s and Don’ts

<u>DO</u>	<u>DON’T</u>
<ul style="list-style-type: none">• Schedule a visit online or by calling admissions	<ul style="list-style-type: none">• Show up for a tour unannounced
<ul style="list-style-type: none">• Have a list of questions	<ul style="list-style-type: none">• Pre-judge a college before visiting
<ul style="list-style-type: none">• Talk to students on campus	<ul style="list-style-type: none">• Rush to leave the campus
<ul style="list-style-type: none">• Check out the surrounding community	<ul style="list-style-type: none">• Focus on a school’s name brand & prestige over the fit & feel for you



College Visits to OBHS

Throughout the fall, college admissions representatives will be visiting OBHS to meet with students. Getting to know an admissions representative can be a great way to build a relationship and show “demonstrated interest.” Remember, these are usually the people reading your applications!

A list of college visits can be found on the Counseling Center website. In addition, we will host Mini College Fairs in the early Fall.



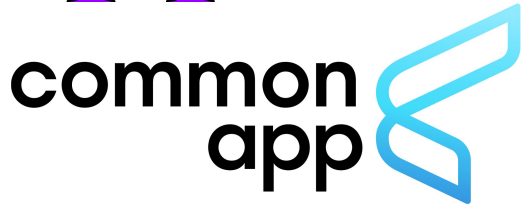
College Fairs

Throughout the year, there are multiple college fairs being held across Long Island or virtually. These fairs are usually very large and crowded so it is important to be prepared before you attend. Follow these tips to help:

- Find out which colleges will be in attendance and map a route to visit.
- Know your GPA and test scores before you go since many will ask. This will also help you to narrow down your list of schools based on chances of acceptance.
- Get the name and contact information of representatives for schools you are extremely interested in. Send them a follow up email thanking them and asking any questions you may still have.

Check the Counseling Center website for upcoming College Fairs!

Application Types



Common Application

www.commonapp.org

An online application system that is accepted by 1000 colleges across the country. Allows students to fill out one application which is then submitted to numerous colleges.

SUNY Application

www.suny.edu

An online application system specifically for State University of New York Schools. Most campuses are on the Common Application so students may not need to use the SUNY application.



CUNY Application

www.cuny.edu/apply

An online application system specifically for City University of New York Schools which are in NY City.



Coalition for College Access Application

www.coalitionforcollegeaccess.org

An online application system that allows students to apply to member/participating schools.

School Specific Applications- Some schools require their own application that can be found on their school websites.

OBHS Application Procedures

No college application is complete until the School Counselor sends the required documents to the college or university to which you have applied.. These documents include your transcript, letters of recommendation and additional documents. In order for your counselor to know that these documents need to be sent, you are required to complete a **“Golden Ticket.”** This form must be completed for each and every college you apply to and handed into the Counseling Center **at least 2 weeks prior to any deadlines.** Your counselor will then send out all required documents to the colleges indicated on each form.

College Application Checklist

Student/Parents: This form must be completed and handed in to the counseling center two (2) weeks before the application due date in order to be processed.

Type of Application: (Please Check One) Application Deadline: _____
 Common Application On-Line College's Application
 Early Decision/ Early Action Regular Decision Rolling Priority or Fast App

Student Name: _____

Name of College: _____

Items	Yes	No	Not Required	Comments
Early Decision Agreement completed on-time				
Submitted College Application				
Sent Official Test Scores Directly from College Board or ACT				
Teachers Writing Your Letter of Recommendations:	1. _____ 2. _____			

Student Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

Office Use Only

Items	Yes	No	Not Required	Comments
Official Transcript				
Teacher Recommendations				
Counselor's Recommendation				
Secondary School Report				
Sent Via E-Docs				

Date Material Sent Out: _____



We are pleased to inform you that OBHS is making CoreCourseGPA.com, a web-based software program, available to all of our student-athletes and their parents/guardians **free of charge. If you have aspirations of competing athletically as a freshman at an NCAA Division I or Division II school, you must meet NCAA Initial-Eligibility minimum standards**, including minimum core course GPA and SAT/ACT test score requirements. **CoreCourseGPA** is an innovative tool that allows you to easily track your progress towards meeting these requirements.

To activate your membership, follow these simple steps:

- Go to www.CoreCourseGPA.com
- Click on “**Free New Member Account**” and enter the following info:
School ID: 334385
School Code: 757382551
- Click “**Continue.**”
- Fill in the appropriate fields in the Create New Student Account form.
Remember to write down the new Member Name and Password you have created
- Click “**Submit**”

To login to your member account, follow these simple steps:

- Go to www.CoreCourseGPA.com
- Click the “**Member Login**” button in the upper right corner
- Enter your **Member Name** and **Password**
Use the Member Name and Password you created during the account activation process
- Click “**Login**”

CoreCourseGPA.com incorporates the NCAA recognized core courses for OBHS, calculates BOTH Division I and Division II core course GPA, automatically factors grades into calculations and tracks course requirements. Your information is saved for the duration of your high school career. CoreCourseGPA.com also provides access to free recruiting webinars through FreeRecruitingWebinar.org, a nonprofit program.

Students must ALSO register with the NCAA Clearinghouse at the end of 11th grade!

Initial-Eligibility Standards

If you want to compete in NCAA sports, you need to register with the NCAA Eligibility Center at eligibilitycenter.org. Plan to register before your freshman year of high school. For more information on registration, visit on.ncaa.com/RegChecklist.

Academic Requirements

Division I and II schools require you to meet academic standards. To be eligible to practice, compete and receive an athletics scholarship in your first year of full-time enrollment, you must meet the following requirements:

Division I

1. Earn 16 NCAA-approved core-course credits in the following areas:



2. Complete your 16 NCAA-approved core-course credits in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you still must meet core-course requirements.
3. Complete 10 of your 16 NCAA-approved core-course credits, including seven in English, math or science, before the start of your seventh semester. Once you begin your seventh semester, any course needed to meet the 10/7 requirement cannot be replaced or repeated.
4. Earn a minimum 2.3 core-course GPA.
5. Ask your high school counselor to upload your **final official transcript** with proof of graduation to your Eligibility Center account.

Division II

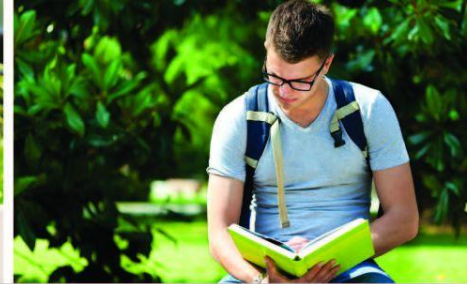
1. Earn 16 NCAA-approved core-course credits in the following areas:



2. Earn a minimum 2.2 core-course GPA.
3. Ask your high school counselor to upload your **final official transcript** with proof of graduation to your Eligibility Center account.

Division III

While Division III schools set their own admissions and academic requirements, international student-athletes (first-year enrollees and transfers) who are enrolling at a Division III school after Aug. 1, 2023, must be certified as an amateur by the Eligibility Center. Contact the Division III school you plan to attend for more information about its academic requirements.



How to Apply for Federal Student Financial Aid

Financial aid comes primarily from the federal and state governments and your college.

Federal aid includes Pell Grants, Work-Study, Supplemental Educational Opportunity Grants, and federal student loans.

Before You Apply

Get Your FSA ID

- Both you and a parent need Federal Student Aid Identification Numbers (FSA IDs) to complete and electronically sign your FAFSA and other federal student aid documents.
- Get it before you sit down to do the FAFSA.
- Visit studentaid.gov and click "Create Account."

Gather these Materials

- Student's driver's license
- Student's Social Security number
- For both student and parents:
 - Income tax returns from two years ago
 - Records of other untaxed income, such as child support received, IRA/pension deductions, veteran's benefits, or military allowances
- Email address

Get an Idea of Your Eligibility

Go to studentaid.gov to complete the online FAFSA4caster to see an estimate of your federal aid eligibility.

Complete the FAFSA — Available Oct. 1

Go to hesc.ny.gov

- Visit "Pay/Apply for Aid – Start Here" at hesc.ny.gov for step-by-step assistance in completing the FAFSA.
- Follow the link to the FAFSA application and complete online.

- Use the IRS Data Retrieval Tool through the online FAFSA to connect directly to the Internal Revenue Service for your tax data. Easy and efficient!
- If you completed a FAFSA in the previous year, you will receive a notice to go to your renewal FAFSA.

Important Reminders

- Find out the financial aid deadlines at your college, and be sure to meet them.
- Apply for financial aid every year. Financial aid programs change and your situation may change. Any change may affect your eligibility.
- Don't pay for financial aid information that you can get for free — see your counselor or college advisor, or visit hesc.ny.gov/myths.
- Attend financial aid workshops to learn more about financial aid programs and completing applications. Check with your high school counselor and visit StartHereGetThere.org in the fall for dates and locations.

You must complete the FAFSA each year. File early to meet deadlines!



Higher Education Services Corporation



Apply for the New York State Tuition Assistance Program (TAP)

- If you are a New York State resident and include a New York school on your FAFSA, you should also apply for New York State aid online by using the New York State resident link on the FAFSA Submission Confirmation page.
- Complete and review the application information, change any incorrect items, complete any missing items, then submit the form.
- If you are a New York State resident and have listed a New York school on the FAFSA, but did NOT complete a TAP application online, you will automatically receive a notice from HESC reminding you to do so.
- If you have received a renewal FAFSA and have not completed the TAP application, you will receive notification from HESC directing you on the next step of the application process.
- You must apply for TAP and complete or renew the FAFSA every year.
- You can check the status of your TAP grant at hesc.ny.gov.

Check hesc.ny.gov for the latest information about completing your FAFSA and TAP applications.

What's Next?

- Shortly after filing your FAFSA, you will receive an email notice that your FAFSA has been processed and your Student Aid Report (SAR) is available for review. You access your SAR by logging on to studentaid.gov with your FSA ID. If corrections are needed, follow the instructions carefully and correct any missing or inaccurate information.
- If you have applied for TAP, you will receive an email regarding your TAP application status.
- Be sure to respond to any questions or requests for more information by the deadline indicated or you could lose your eligibility for financial aid.
- Your college financial aid office will provide you an award letter detailing the estimated aid you are eligible to receive based on your application. Accept or decline the offer of aid by the deadline. Supply any additional documents requested.
- If you decide to take a Federal Direct Student Loan, you must complete a master promissory note (MPN). Follow the instructions on your college award letter.



Higher Education
Services Corporation

99 Washington Avenue, Albany, NY 12255 • hesc.ny.gov
Kathy Hochul, Governor



How to Apply for TAP and Other NYS Student Financial Aid

Financial aid comes primarily from the federal government, state government and/or your college.

A complete list of New York State financial aid programs is found at hesc.ny.gov/pay.

TAP

The New York State Tuition Assistance Program (TAP) provides tuition awards to eligible students attending a college or university located in New York State.

Because TAP is a grant, it does not have to be paid back.

To be Eligible for TAP You Must

- Meet eligibility requirements as a NYS resident or qualify under the NYS DREAM Act
- Meet family income limits of \$80,000 or less
- Pursue an undergraduate degree at an approved postsecondary institution in NYS

Award Amount

- Up to \$5,665 annually, as determined by factors including:
 - Family net taxable income
 - Tuition charged by your college
 - Other family members enrolled in college

Visit hesc.ny.gov/TAP for full eligibility details and to estimate your TAP award.

How to Apply

- From the FAFSA, follow the direct link to the TAP application
- Visit hesc.ny.gov/tapapp for application deadlines and a link to the application

If you qualify under the NYS DREAM Act, apply at hesc.ny.gov/dream.

Excelsior Scholarship

The Excelsior Scholarship, in combination with other student financial aid, allows eligible New York State students to attend a SUNY or CUNY college tuition-free.

To be Eligible for the Excelsior Scholarship You Must

- Meet eligibility requirements as a NYS resident or qualify under the NYS DREAM Act
- Meet family income limits of \$125,000 or less
- Pursue an undergraduate degree at SUNY or CUNY college
- Be enrolled in at least 12 credits per term and complete 30 credits each year successively
- Be on track to complete an Associate's degree in two consecutive years or Bachelor's degree in four consecutive years
- Agree to live in NYS for the length of time the award was received

Visit hesc.ny.gov/excelsior for full eligibility details.

Award Amount

- Up to \$5,500 annually

How to Apply

- Visit hesc.ny.gov/excelsior for application deadlines and a link to the application

If you qualify under the NYS DREAM Act, apply at hesc.ny.gov/dream.



Higher Education
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Enhanced Tuition Awards

The Enhanced Tuition Awards program provides tuition awards to students attending a participating private college located in New York State.

To be Eligible for Enhanced Tuition Awards You Must

- Meet eligibility requirements as a NYS resident or qualify under the NYS DREAM Act
- Meet family income limits of \$125,000 or less
- Pursue an undergraduate degree at a participating private college located in NYS
- Be enrolled in at least 12 credits per term and complete 30 credits each year successively
- Be on track to complete an Associate's degree in two consecutive years or Bachelor's degree in four consecutive years
- After completing your degree, you must live in NYS for the length of time the award was received

Visit hesc.ny.gov/eta for full eligibility details.

Award Amount

- Up to \$6,000 annually through the combination of your TAP award, ETA award and a match from your private college

How to Apply

- Visit hesc.ny.gov/eta for application deadlines and a link to the application

If you qualify under the NYS DREAM Act, apply at hesc.ny.gov/dream.

STEM Scholarship

The NYS Science, Technology, Engineering and Mathematics (STEM) Incentive Program provides tuition awards to students attending a public or private college or university located in New York State.

To be Eligible for the Excelsior Scholarship You Must

- Meet eligibility requirements as a NYS resident or qualify under the NYS DREAM Act
- Be ranked in the top 10 percent of your high school graduating class
- Pursue an undergraduate degree in STEM at an approved postsecondary institution located in New York State
- Maintain a cumulative grade point average of 2.5 or higher
- Agree to live and work in NYS in an approved STEM occupation for five years after college

Visit hesc.ny.gov/STEM for full eligibility details.

Award Amount

- Up to the annual SUNY resident undergraduate tuition rate

How to Apply

- Visit hesc.ny.gov/STEM for application deadlines and a link to the application

If you qualify under the NYS DREAM Act, apply at hesc.ny.gov/dream.

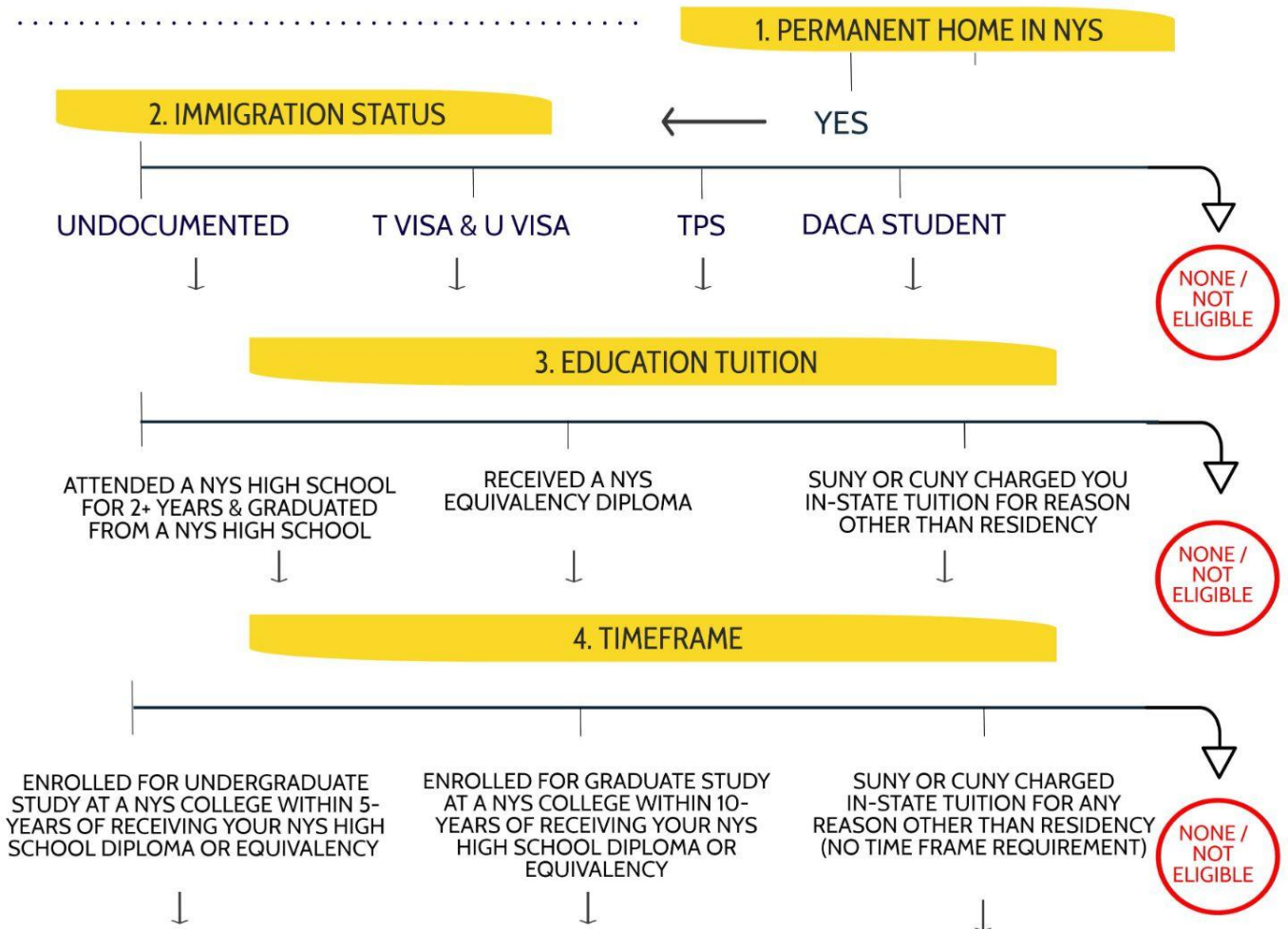
After Applying, What's Next?

- Check your email and HESC account frequently for updates regarding your application status
- Respond to any questions or requests for additional information by the deadline indicated



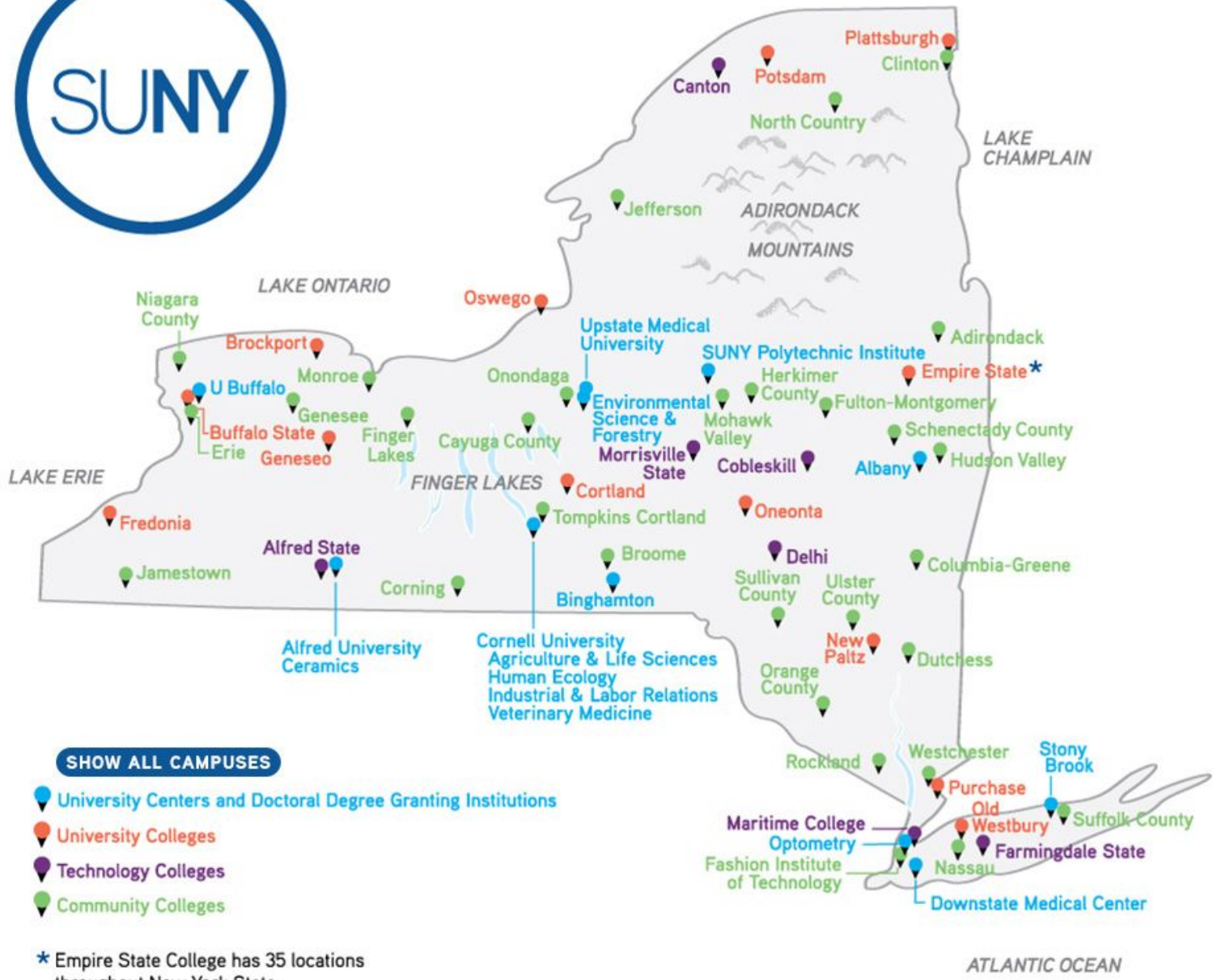
Higher Education
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Eligibility Flow Chart



**YOU ARE ELIGIBLE FOR STATE AID THROUGH NYS DREAM ACT
APPLY AT:**

HESC.NY.GOV/DREAM/





ADMISSIONS INFORMATION SUMMARY - 2023

Campus Name	REGULAR ADMISSION				HONORS ADMISSION				EOP ADMISSION			
	Undergraduate Enrollment	2020 SAT Scores	2020 ACT Scores	H.S. GPA	Freshman Enrollment	2020 SAT Scores	2020 ACT Scores	H.S. GPA	Freshman Enrollment	2020 SAT Scores	2020 ACT Scores	H.S. GPA
University Centers and Doctoral Degree Granting Institutions												
Albany	12,264	1130-1300	23-29	89-95	288	1240-1400	26-31	94-98	163	990-1070	18-20	83-89
Binghamton+	14,402	1300-1450	29-33	93-98	600	1500-1540	34-35	95-99	161	1080-1170	21-24	90-94
University at Buffalo+	20,761	1150-1330	24-30	92-98	585	1340-1470	29-33	97-100	210	960-1040	14-20	84-88
Stony Brook+	17,977	1250-1340	27-33	92-97	450	1380-1520	31-35	95-99	151	1050-1150	20-24	86-90
NYS Ceramics at Alfred University+	534	1000-1160	20-27	83-92	35	1180-1330	25-30	82-99	0	800-900	18-21	77-81
SUNY Polytechnic Institute+	2,100	1130-1300	26-32	87-94					18	950-1020		79-82
College of Optometry	Graduate only											
Cornell University:												
Agriculture & Life Sciences+	3,914	1370-1530	31-35						29	1140-1250		92-97
Human Ecology	1,317	1445-1540	33-35									
Veterinary Medicine	Graduate only											
Industrial & Labor Relations+	999	1390-1520	31-34									
Environmental Science & Forestry	1,700	1120-1310	23-28	89-96	38	1380-1450	31-33	96-99	19	1070-1260		84-90
SUNY Downstate Health Sciences Univ+	282											
Upstate Medical University (Syracuse)+	195											
University Colleges												
Brockport+	5,149	1080-1200	21-26	86-95	100	1260-1320	26-29	93-97	69	900-980	18-19	80-88
Buffalo State+	5,464	920-1130	18-28	79-89	143	1130-1280	22-28	93-97	113	870-1000	15-18	77-82
Cortland	5,848	1100-1230	24-26	88-94	23	1300-1420	32-35	98-100	24	940-1030	15-19	80-84
Fredonia+	3,000	1030-1220	21-26	81-94	126	1200-1340	26-30	92-97	30	840-980		75-85
Geneseo	3,844	1170-1320	25-30	90-96	23	1390-1460	29-34	96-99	30	970-1080	17-24	78-89
New Paltz	6,160	1130-1280	24-29	91-97	70	1260-1330	28-33	93-99	150	910-1040		81-88
Old Westbury+	3,907	1000-1130	19-23	82-91	32	1180-1300	25-28	93-96	48	820-950	14-17	76-81
Oneonta+	4,873	1070-1220	22-27	88-95					48	890-990	16-20	80-84
Oswego+	5,985	1050-1240	21-27	85-96	65	1290-1380	27-30	96-100	120	880-980		77-84
Plattsburgh+	4,004	1020-1170	21-26	85-94	77	1200-1320	24-29	92-97	70	880-1000	17-19	76-81
Potsdam+	2,082			85-95					17			77-79
Purchase+	3,230			87-90					45			78-83
Empire State	8,637								40			
Colleges of Technology												
Alfred State +	3,348	940-1150	19-25	80-90	10	1080-1300	23-26	86-93	28	880-1070		76-84
Baccalaureate only	1,559	990-1220	21-27	85-93								
Canton+	2,835	920-1130	17-23	81-91	15	1010-1170	19-27	89-95	25	810-930		73-76
Baccalaureate only	2,151	970-1150	18-23	82-92								
Cobleskill+	1,783	870-1060	18-22	81-90	51	1220-1450		93-95	55	830-930		73-76
Baccalaureate only	1,372	930-1070	21-25	88-92								
Delhi+	2,412	920-1100	19-23	82-90	10			90-92	32	870-940		70-79
Baccalaureate only	1,300	970-1130	19-25	82-90								
Farmingdale State College+	9,264	990-1150	19-24	84-91	21			93-97	18	910-980		75-85
Maritime College	1,540	1170-1220	22-26	86-93					11	930-1070		79-88
Morrisville State	1,696	850-1060	18-23	80-88					95	800-950		73-77
Baccalaureate only	935	860-1050	17-22	81-87								

All scores reflect middle 50%. The SAT ranges represent combined evidence-based reading and writing and math scores. (The maximum possible total is 1600.)

2024-25 EOP Income Eligibility

Household Size	Eligible Income
1	\$26,973
2	\$36,482
3	\$45,991
4	\$55,500
5	\$65,009
6	\$74,518
7	\$84,027
8	\$93,536*

*For families/ households with more than 8 persons, add \$9,509 for each additional person.

1.800.342.3811
www.suny.edu/attend

askSUNY@suny.edu

+Contains 2022 Data.

Not Offered