

Oyster Bay – East Norwich Central School District



Grade 7/8 Night: The Transition to High School

Oyster Bay High School





TONIGHT'S TOPICS



- ❖ *Middle School vs. High School*
- ❖ *Graduation & Diploma Requirements*
- ❖ *The High School Transcript*
- ❖ *Course Offerings*
- ❖ *Academic Supports*
- ❖ *Extracurricular Activities & Honor Societies*
- ❖ *Athletics*
- ❖ *The College Application*
- ❖ *Standardized Testing*
- ❖ *Easing into Independence*
- ❖ *The Role of the Parent/Guardian*



Oyster Bay – East Norwich Central School District



MIDDLE SCHOOL VS. HIGH SCHOOL



- ❖ **Increased course choices**
- ❖ **Increased coursework difficulty/workload**
- ❖ **The high school transcript**—*every credit counts and is included!*
- ❖ **Post-secondary planning**
- ❖ **Athletics**
- ❖ **Extracurricular activities**



GRADUATION REQUIREMENTS



| <i>Required Course</i> | <i>Credit</i> |
|---------------------------|---------------|
| <i>English</i> | 4 |
| <i>Social Studies</i> | 4 |
| <i>Math</i> | 3 |
| <i>Science</i> | 3 |
| <i>World Languages</i> | 1 |
| <i>Health</i> | .5 |
| <i>Music/Art</i> | 1 |
| <i>Physical Education</i> | 2 |
| <i>Electives</i> | 1.5 - 3.5 |
| <u>TOTAL</u> | 22 |

❖ **Credit requirements vs. diploma requirements**

❖ **Academic rigor**

❖ **Appropriately challenging students**



REGENTS EXAMINATIONS



Exam Timeline

| | |
|------------------------------|-------------------|
| <i>Earth Science</i> | <i>8th Grade</i> |
| <i>Algebra I</i> | <i>8th Grade</i> |
| <i>Living Environment</i> | <i>9th Grade</i> |
| <i>Geometry</i> | <i>9th Grade</i> |
| <i>Global History</i> | <i>10th Grade</i> |
| <i>Chemistry</i> | <i>10th Grade</i> |
| <i>Algebra 2</i> | <i>10th Grade</i> |
| <i>United States History</i> | <i>11th Grade</i> |
| <i>English Language Arts</i> | <i>11th Grade</i> |
| <i>Physics</i> | <i>11th Grade</i> |

Oyster Bay – East Norwich Central School District



DIPLOMA REQUIREMENTS



Local Diploma

| |
|---|
| 5 Required Exams Score of 55+ on each |
| English Language Arts Regents |
| Algebra Regents |
| 1 History Regents (Global or US) |
| 1 Science Regents |
| 1 Pathway Exam (<i>see p. 6</i>) |

***Local Diploma**
** Only for Classified Students with Compensatory Safety Net option. (See p. 72.)*

Regents Diploma

| |
|---|
| 5 Required Exams Score of 65+ on each |
| English Language Arts Regents |
| Algebra Regents |
| 1 History Regents (Global or US) |
| 1 Science Regents |
| 1 Pathway Exam (<i>see p. 6</i>) |

Regents with Honors
 Average of 90% or above on all 5 exams

Regents with Advanced Designation

| |
|---|
| 9 Required Exams Score of 65+ on each |
| English Language Arts |
| Algebra, Geometry & Alg. 2 |
| Global Studies Regents |
| U.S. History Regents |
| Two Science Regents |
| World Language Checkpoint B Exam |

Advanced Regents with Honors
 Average of 90% or above on all 9 exams



THE HIGH SCHOOL TRANSCRIPT



OYSTER BAY HIGH SCHOOL Student Transcript



| Course | | | Student Information | | | |
|---|-------------|--------------|--|--|------------------|--------------------|
| Course | Final Grade | Credit | Student: | | | |
| Oyster Bay High School - Grade 8 - 2019 - 2020 | | | Address: | | | |
| ALGEBRA I | 94 | 1.00 | Graduation Date: | | | |
| EARTH SCIENCE H | 96 | 1.00 | Counselor: | | | |
| FRENCH 1B | 95 | 1.00 | DOB: | | | |
| Total | | 3.00 | Gender: | | | |
| Oyster Bay High School - Grade 9 - 2020 - 2021 | | | School Information | | | |
| ADVANCED WORLD HISTORY 9 | 99 | 1.00 | School: | Oyster Bay High School | | |
| ENGLISH 9H | 95 | 1.00 | www.obschools.org | 150 E Main St Oyster Bay, NY 11771-2496 | | |
| FRENCH 2 | 94 | 1.00 | Guidance Phone | (516) 624-6526 | | |
| GEOMETRY H | 94 | 1.00 | Fax | (516) 802-8030 | | |
| HEALTH ED 1 | 99 | 0.50 | Principal | Melissa Argaman | | |
| HONORS SCIENCE RESEARCH-SEM | 97 | 0.50 | Date Generated | 09/15/2023 | | |
| LIVING ENVIR H | 96 | 1.00 | Accreditation | NYS Board of Regents | | |
| PHYS ED I | 100 | 0.50 | Recent Graduates: | Enrollment in grades 9-12: | | |
| STUDIO ART | 100 | 1.00 | 468 | | | |
| Total | | 7.50 | 87% 4 Year College | | | |
| Oyster Bay High School - Grade 10 - 2021 - 2022 | | | 9% 2 Year College | | | |
| ALGEBRA II HONORS | 92 | 1.00 | 4% Other | | | |
| AP BIOLOGY | 96 | 1.00 | GPA WEIGHTING PROCEDURE | | | |
| AP SEMINAR | 98 | 1.00 | AP | 0.8 | | |
| AP WORLD HISTORY 10 | 98 | 1.00 | COLLEGE/HONORS | 0.6 | | |
| FRENCH 3H | 99 | 1.00 | Failures and summer school are included in GPA | | | |
| PHY SET CHEM H | 96 | 1.00 | COURSE TITLE PREFIX CODES: | | | |
| PHYS ED II | 100 | 0.50 | * EARNED AT ANOTHER SCHOOL | | | |
| Total | | 6.50 | ** SUMMER SCHOOL/CREDIT RECOVERY | | | |
| Oyster Bay High School - Grade 11 - 2022 - 2023 | | | Assessments | | | |
| AP CHEMISTRY | 96 | 1.00 | Name | Date | Score | |
| AP LANGUAGE & COMPOSITION | 98 | 1.00 | FLA French | 06/02/2020 | E | |
| AP RESEARCH (Science) | 100 | 1.00 | Regents Common Core Algebra I | 06/02/2020 | E | |
| AP U.S. HISTORY | 92 | 1.00 | Regents Phy Set/Earth Sci | 06/02/2020 | E | |
| FRENCH 4H | 98 | 1.00 | Regents Common Core Geometry | 06/17/2021 | E | |
| PHYS ED II | 99 | 0.50 | Regents Living Environment | 06/22/2021 | 92 | |
| PRE-CALCULUS H | 97 | 1.00 | Regents Phy Set/Chemistry | 06/16/2022 | 93 | |
| Total | | 6.50 | Regents NF Global History | 06/17/2022 | 94 | |
| Oyster Bay High School - Grade 12 - 2023 - 2024 (Current Year) | | | FLB French | 06/21/2022 | 94 | |
| ADVANCED METHODOLOGY IN RESEARCH | 0.00 | 0.00 | Regents Common Core Algebra II | 06/22/2022 | 84 | |
| AP CALCULUS BC | 0.00 | 0.00 | Regents Common Core ELA | 01/24/2023 | 89 | |
| AP GOVERNMENT/ECONOMICS | 0.00 | 0.00 | Regents US History&Govt (Framework) | 06/01/2023 | 95 | |
| AP PHYSICS I | 0.00 | 0.00 | Academic Standing | | | |
| COLLEGE 101: ACCEPTANCE & BEYOND | 0.00 | 0.00 | As Of | Class Size | Weighted Average | Unweighted Average |
| COLLEGE ENGLISH | 0.00 | 0.00 | | | | |
| WEIGHT & FITNESS TRAINING | 0.00 | 0.00 | | | | |
| Total | | 0.00 | | | | |
| Grand Total | | 23.50 | | | | |

| Name | Date | Score |
|--|------------|-------|
| FLA French | 06/02/2020 | E |
| Regents Common Core Algebra I | 06/02/2020 | E |
| Regents Phy Set/Earth Sci | 06/02/2020 | E |
| Regents Common Core Geometry | 06/17/2021 | E |
| Regents Living Environment | 06/22/2021 | 92 |
| Regents Phy Set/Chemistry | 06/16/2022 | 93 |
| Regents NF Global History | 06/17/2022 | 94 |
| FLB French | 06/21/2022 | 94 |
| Regents Common Core Algebra II | 06/22/2022 | 84 |
| Regents Common Core ELA | 01/24/2023 | 89 |
| Regents US History&Govt (Framework) | 06/01/2023 | 95 |

| As Of | Class Size | Weighted Average | Unweighted Average |
|-------|------------|------------------|--------------------|
| | | | |



COURSE OFFERINGS



College-Level Courses

Chamber Singers
Five Towns College

College ASL
Stony Brook University

College English
Stony Brook University

College French
Stony Brook University

College Psychology
Long Island University

College Spanish
Stony Brook University

Computer Science Essentials:
Web Programming
SUNY Farmingdale

Digital Reporting Through
Social Media
Stony Brook University

Elementary Calculus
Stony Brook University

French 4H
Stony Brook University

Graphic Design II
Five Towns College

Jazz Ensemble
Five Towns College

SBU Engineering
Stony Brook University

Spanish 4H
Stony Brook University

Symphonic Ensemble
Five Towns College

TV Production
Five Towns College

TV Production:
Bay News Now
Five Towns College

Virtual Enterprise
SUNY Farmingdale

Wind Ensemble
Five Towns College

Writing & Producing Digital
Content / Field Reporting
Five Towns College



COURSE OFFERINGS



Advanced Placement Courses

Biology

Drawing

Calculus AB & BC

Physics 1 & 2

Chemistry

Computer Science A

Computer Science Principles

English Lit & Composition

U.S. History

Environmental Sci.

Human Geography

Macroeconomics

Psychology

Seminar (*Capstone*)

Spanish Lang & Culture

Statistics

U.S. Gov't & Politics

World History: Modern

Scan here for Course Guide



Oyster Bay – East Norwich Central School District



ACADEMIC SUPPORTS



- ❖ **Extra help by teacher**
 - ***Schedule on Counseling Center webpage***

- ❖ **Math extra help**
 - ***Monday - Friday mornings in HS Library***

- ❖ **National Honor Society student tutoring**



School Counselors and OBHS website are your best source of information!!!!

Oyster Bay – East Norwich Central School District

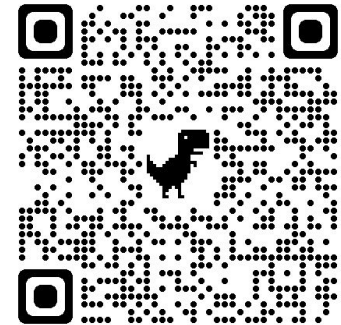


EXTRACURRICULAR ACTIVITIES



| | |
|------------------------------|----------------------------|
| 3D Printing | Interact Club |
| AGAPE | International Club |
| BackStage Club | Internship Club |
| Be the Change | Literazzi Magazine |
| Birthday Wishes | Mathletes |
| Broadcasting Club | Model UN |
| Gaming Club | Robotics |
| Coding Club | SADD |
| Environmental Club | Science Olympiad |
| French Club | Social Justice Club |
| Girls Club | Student Athletic |
| Harbour Voice | Leadership Program |
| Health Club | (SALP) |
| History Research Club | Student Council |
| | Yearbook |

***OBHS Club & Honor
Society Handbook***



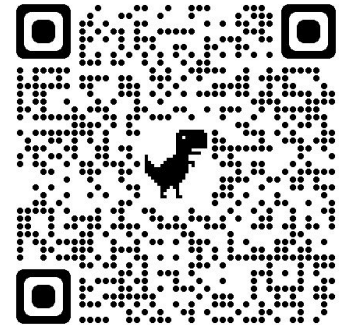


HONOR SOCIETIES



- ❖ **National Honor Society**
- ❖ **Quill & Scroll-English**
- ❖ **Rho Kappa-Social Studies**
- ❖ **Science Honor Society**
- ❖ **Tri-M–Music**

***OBHS Club & Honor
SocietyHandbook***





ATHLETICS



High School Seasons (Varsity & Junior Varsity)

| <u>Fall</u> | | <u>Winter</u> | | <u>Spring</u> | |
|--------------------------------------|-------------------|--------------------|------|-----------------------|------|
| Cheerleading | V | Basketball (Boys) | V/JV | Badminton(Girls) | V/JV |
| Boys' & Girls' Crew | V/JV | Basketball (Girls) | V/JV | Baseball | V/JV |
| Cross Country (Boys) | V | Bowling (Boys) | V | Boys & Girls Crew | V/JV |
| Cross Country (Girls) | V | Bowling (Girls) | V | Golf (Boys) | V |
| Field Hockey | V/JV | Cheerleading | V | Lacrosse (Boys) | V/JV |
| Football | V/JV | Fencing (Boys) | V | Lacrosse (Girls) | V/JV |
| Sailing | V | Fencing (Girls) | V | Softball | V/JV |
| Soccer (Boys) | V/JV | Indoor Track Boys | V | Tennis (Boys) | V |
| Soccer (Girls) | V/JV | Indoor Track Girls | V | Track & Field (Boys) | V |
| Tennis (Girls) | V | Wrestling | V | Track & Field (Girls) | V |
| Volleyball (Boys) | JV | | | | |
| Volleyball (Girls) | V/JV | | | | |
| <i>Girls Basketball (7-12)</i> | <i>Open Gym</i> | | | | |
| <i>Golf (Boys & Girls, 7-12)</i> | <i>Intramural</i> | | | | |



THE COLLEGE APPLICATION



- ❖ **Application**
- ❖ **Resume/Activities**
- ❖ **Transcript**
- ❖ **Counselor Letter of Recommendation**
- ❖ **Teacher Letters of Recommendation (2)**
- ❖ **High School Profile**





STANDARDIZED TESTING

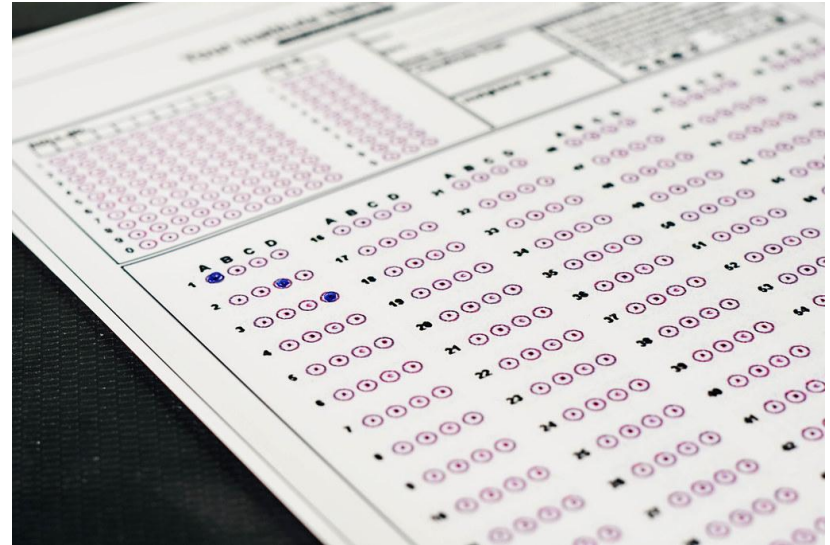


◆ PSAT

◆ SAT

➤ *Digital March 2024*

◆ ACT



*****Test Optional vs. Test-Blind***

Oyster Bay – East Norwich Central School District



EASING INTO INDEPENDENCE



Independence Through Developmental Expectations

| Elementary School | Middle School | High School | College/Post Secondary |
|--|---|---|---|
| Same teacher majority of day | Multiple teachers – team approach | Limited coordination among teachers | Independence with professors |
| Lack of ‘shifting’ | Moving between classes, expectations, relations | Tests on same days - juggling | Multiple responsibilities from each class – up to student to balance work |
| Limited homework | Homework for each class | Final exams, limited strategies provided for overall approach | Papers, exams, outside course work – different in each class |
| Parent involvement is expected and encouraged | Decrease in parent involvement | Continued decrease in parent involvement | Parent involvement discouraged, prohibited without waiver |
| Parent Signatures | Some signatures | Only with major issues | Not allowed |
| Problems identified by teacher and individualized approaches offered | Teacher identifies need for extra help - encouraged, sometimes ‘required’ | Extra help offered, sometimes encouraged, up to student to follow through | Office Hours - independent |

Oyster Bay – East Norwich Central School District



THE ROLE OF THE PARENT/GUARDIAN



What is a parent/guardians ROLE in fostering independence?

- ❖ **Younger individuals need to be taught these things**
- ❖ **Avoid just doing things for your children, have them a part of the process**
- ❖ **Includes things like:**
 - **Scheduling (shower schedules, when to do homework, etc.)**
 - **Finding solutions to homework problems – not just providing solutions**
 - **Communicating with teachers**
 - **Coping with stress**
 - **Getting started on and persisting through the completion of homework**

Involvement of parents is key to help spread values of education

Oyster Bay – East Norwich Central School District



Problem Solving

- ❖ **Parents can teach help seeking behavior by admitting their own weaknesses and limitations – it is OKAY to ask for help**
- ❖ **Perseverance and grit**
- ❖ **Focus on coping with struggle, not removing struggle**
- ❖ **Connect the results after persevering and then connect how good it feels**



AND FINALLY...



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Thank You!